

## Phone: Depression

HDEPR - Depression Module for Graduate-Spouse Phone Instrument

For more information on the Depression Module see Appendix M.

### OVERVIEW

Information about the Graduate-Spouse Respondent's depression experience was collected in the following manner:

Life-time experiences of depression have been asked to Graduate-Spouse Respondents who were randomly selected to answer on alcohol consumption and depression experiences (ALCFLAG = 1).

The 2004 Graduate, Graduate-Spouse, Graduate-Sibling share same depression module.

These depression modules are replicates of 1992 Graduate depression module.

### BRIEF VARIABLE DESCRIPTIONS

AU001RE	Random sub-sample selection flag (ALCFLAG)
AU002RE-AU012RE	Ever depressed, age, symptoms.
AU013RE	Count of depression episodes lasting two weeks or more.
AU014RE-AU015RE	Length of depression episode for respondents who had ONLY ONE episode.
AU016RE-AU019RE	Average duration and average time between episodes for respondents who had more than one depression episode.
AU020RE-AU021RE	Age at first and last episodes of depression.
AU022RE-AU023RE	Psychological well-being between depression episodes.
AU024RE	Count of depression symptoms.
AUA24RE	Number of valid responses for AU024RE.

## **au001re: Random 80 percent sample for depression section.**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: Not Applicable  
Source variables: ALCFLAG

Value	Label	Frequencies		
		Male	Female	Total
0	R is NOT in subsample, did NOT answer depression section	408	449	857
1	R IS in subsample, DID answer depression section	1400	1633	3033

Note: If au001re is 0, then no further questions are asked.

Religion, recall, alcohol and depression are asked of the same sample.

This variable is identical to aua01re in the Alcohol module.

**au002re: Have you ever had a time in life lasting two weeks or more when nearly every day you felt sad, blue, depressed, or when you lost interest in most things like work, hobbies, or things you usually liked to do for fun?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone

Source variables: h\_u100

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	1	3
-3	REFUSED	3	6	9
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0))	408	449	857
-1	DON'T KNOW	1	1	2
1	YES	222	435	657
2	NO	1172	1190	2362

Note: If au002re is NOT 1, then no further questions are asked.

**au003re: Were your experiences with depression always caused by alcohol, drugs, medications, or physical illness?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone

Source variables: h\_u120

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	1	3
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0) or no reported periods of depression (au002re ^= 1))	1584	1646	3230
-1	DON'T KNOW	8	5	13
1	YES	45	83	128
2	SOMETIMES	7	14	21
3	NO	162	333	495

Note: If au003re is 1, then no further questions are asked.

**au004re: What age were you when you experienced the worst,  
particularly bad, or the most recent period of depression?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u120, h\_u130, h\_u140, h\_u150

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	1	3
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1629	1729	3358
-1	DON'T KNOW	5	3	8
10 - 32		33	74	107
33 - 45		28	90	118
46 - 53		27	78	105
54 - 60		49	72	121
61 - 74		34	35	69

Note: See au005re for types of depressive episode.

Note: We first ask about the age of the worst period.

If there is no worst period or all periods are alike,  
then we ask about the particular bad one.

If respondent cannot think of the particular bad one,  
then we ask about the most recent one.

### **au005re: Was this depression the worst, particularly bad, or the most recent episode?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone

Source variables: h\_u120, h\_u130, h\_u140, h\_u150

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	1	3
-2	Inappropriate Inappropriate (Not in the sample( $au001re = 0$ ), no reported periods of depression ( $au002re \wedge = 1$ ), or depression always caused by alcohol, drugs, meds, or illness ( $au003re = 1$ ))	1629	1729	3358
1	DATA IS FOR THE WORST SPELL	161	338	499
2	DATA IS FOR A PARTICULARLY BAD SPELL	6	6	12
3	DATA IS FOR THE MOST RECENT SPELL	10	8	18

**au006re: During your worst, particularly bad, or most recent episode of depression, did you lose weight without trying to - as much as 2 pounds a week for several weeks or as much as 10 pounds altogether?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u160

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample( $au001re = 0$ ), no reported periods of depression ( $au002re \wedge = 1$ ), or depression always caused by alcohol, drugs, meds, or illness ( $au003re = 1$ ))	1629	1729	3358
-1	DON'T KNOW	5	9	14
1	YES	46	99	145
2	NO	125	243	368

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**au007re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when nearly every night you had trouble falling asleep?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u170

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1629	1729	3358
-1	DON'T KNOW	7	7	14
1	YES	75	214	289
2	NO	95	130	225

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**au008re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you lacked energy or felt tired all the time, even when you had not been working very hard?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u180

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1629	1729	3358
-1	DON'T KNOW	3	5	8
1	YES	100	261	361
2	NO	74	85	159

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**au009re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you felt very bad when waking up, but felt better later in the day?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u190

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	2	0	2
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1629	1729	3358
-1	DON'T KNOW	12	19	31
1	YES	81	176	257
2	NO	82	156	238

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier

and lasted at least 2 weeks or more.

**au010re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you lost interest in most things like work, hobbies, or things you usually liked to do for fun?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u200

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1629	1729	3358
-1	DON'T KNOW	6	7	13
1	YES	107	250	357
2	NO	63	94	157

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**au011re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when nearly every day you had a lot more trouble concentrating than is normal?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u210



Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	2	0	2
-2	Inappropriate Inappropriate (Not in the sample( $au001re = 0$ ), no reported periods of depression ( $au002re \wedge = 1$ ), or depression always caused by alcohol, drugs, meds, or illness ( $au003re = 1$ ))	1629	1729	3358
-1	DON'T KNOW	3	8	11
1	YES	98	225	323
2	NO	74	118	192

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**au012re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you thought a lot about death - either your own, someone else's, or death in general?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone

Source variables: h\_u220

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	2	0	2
-2	Inappropriate Inappropriate (Not in the sample( $au001re = 0$ ), no reported periods of depression ( $au002re \wedge = 1$ ), or depression always caused by alcohol, drugs, meds, or illness ( $au003re = 1$ ))	1629	1729	3358
-1	DON'T KNOW	1	1	2
1	YES	73	186	259
2	NO	101	164	265

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

Note: If the total number of symptoms is less than two (if au024re < 2), no further questions are asked.

**au013re: How many periods have you had in your lifetime that lasted two weeks or more when you felt sad, blue or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u250

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), or having less than 2 symptoms (au024re < 2))	1672	1753	3425
-1	DON'T KNOW	15	26	41
1		63	136	199
2		19	77	96
3		13	41	54
4		3	15	18
5		4	15	19
6		4	4	8
8		0	1	1
10		4	3	7
12		1	2	3
15		2	1	3
20		1	2	3
25		0	1	1
29		1	0	1
30		0	2	2
36		1	0	1
40		2	0	2
50		0	1	1

Note: au013re is top coded at 50 on the public release.

Note: Periods should be counted separately if the recovery time between depression spells is two months or more.

Note: If respondent has had ONLY ONE period (au013re = 1),

au014re and au015re are asked, then no further questions are asked.  
Note: If respondent has had MORE THAN ONE period (au013re > 1),  
then goto au016re.

**au014re: How long did your sole period of depression last?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u260\_a

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having more than one period (au013re > 1))	1743	1944	3687
-1	DON'T KNOW	0	7	7
1		14	29	43
2		13	24	37
3		11	24	35
4		6	10	16
5		1	9	10
6		8	21	29
8		1	4	5
9		1	3	4
10		3	1	4
11		0	1	1
17		1	0	1
18		2	1	3
20		0	1	1
23		1	0	1
40		0	1	1

Note: This question is for respondents who has experienced ONLY ONE depression episode mentioned at au013re (au013re = 1).

**au015re: What is the unit for the length of the sole period when you felt sad, blue, or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u260\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having more than one period (au013re > 1))	1744	1951	3695
1	DAY	2	1	3
2	WEEK	16	24	40
3	MONTH	29	78	107
4	YEAR	15	26	41

Note: This question is for respondents who has expereinced ONLY ONE depression episode mentioned at au013re (au013re = 1).

**au016re: What is the average length of the periods when you felt sad, blue, or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u270\_a

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
-1	DON'T KNOW	10	26	36
1		7	32	39
2		15	52	67
3		12	21	33
4		3	12	15
5		1	0	1
6		4	14	18
9		1	1	2
14		0	1	1
18		0	1	1
20		1	2	3
21		0	1	1
30		1	1	2
45		0	1	1

Note: This and further questions are for respondents who has expereined MORE THAN ONE depression episodes mentioned at au013re (au013re > 1).

**au017re: What is the unit for the average length of the periods when you felt sad, blue, or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u270\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1761	1941	3702
1	DAY	1	6	7
2	WEEK	21	58	79
3	MONTH	18	61	79
4	YEAR	5	14	19

**au018re: What is the usual length of time between the end of one period of depression to the beginning of the next?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u300\_a

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	0	4	4
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
-1	DON'T KNOW	18	53	71
1		5	9	14
2		8	18	26
3		6	5	11



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4	3	6	9
5	4	11	15
6	3	10	13
7	1	4	5
8	1	3	4
9	1	1	2
10	2	17	19
11	0	1	1
12	0	1	1
15	0	9	9
19	0	1	1
20	1	6	7
25	1	1	2
30	0	4	4
33	0	1	1
50	1	0	1

**au019re: What is the unit for the usual length of time between the end of one period of depression to the beginning of the next?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u300\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample( $au001re = 0$ ), no reported periods of depression ( $au002re \neq 1$ ), depression always caused by alcohol, drugs, meds, or illness ( $au003re = 1$ ), having less than 2 symptoms ( $au024re < 2$ ), or having sole period ( $au013re = 1$ ))	1769	1972	3741
1	DAY	0	5	5
2	WEEK	7	4	11
3	MONTH	9	19	28
4	YEAR	21	80	101

**au020re: What age were you the first time the you had a period of two weeks or more when you felt sad, blue or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u310

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
-1	DON'T KNOW	4	8	12
10 - 21		9	37	46
22 - 30		11	41	52
31 - 41		9	32	41
43 - 53		11	32	43
54 - 72		11	15	26

**au021re: What age were you the last time you had a period of two weeks or more when you felt sad, blue or depressed?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u330

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
-1	DON'T KNOW	2	3	5
22 - 47		9	34	43
49 - 55		9	41	50
56 - 60		13	49	62
61 - 65		14	35	49
66 - 73		8	3	11

**au022re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you feeling O.K. at least for some months?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u340

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
1	YES	54	164	218
2	NO	1	1	2

**au023re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you fully able to work and enjoy being with other people?**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: h\_u350

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	0	1	1
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (au003re = 1), having less than 2 symptoms (au024re < 2), or having sole period (au013re = 1))	1751	1915	3666
-1	DON'T KNOW	1	1	2
1	YES	51	157	208
2	NO	3	6	9

# **au024re: Count of depression symptoms in au006re through au012re.**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone

Source variables: au006re - au012re

Revisions: Updated Jan 2008

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-3	REFUSED	6	7	13
-2	Inappropriate Inappropriate (Not in the sample(au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	453	532	985
0		1198	1199	2397
1		15	15	30
2		17	54	71
3		24	57	81
4		35	71	106
5		34	58	92
6		19	66	85
7		5	21	26

Note: This variable is the sum of symptoms which respondent has expereinced from au006RE to au012RE.

If a valid yes or no response is given for fewer then 4 of the 7 symptoms in au006re to au012re then au024re is coded -3. aua24re indicates the number of valid responses.

The code 0 includes those who have never experienced a period of depression according to response in au002re.

The -2 code includes those whose depression always caused by alcohol, drugs, medications, or physical illness, au003re=1.

## **aua24re: Number of valid responses to depression symptoms in au006re through au012re**

Data source: Graduate Spouse Respondent    Collected in: 2004    Mode: phone  
Source variables: au006re - au012re

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	2	4
-2	Inappropriate Inappropriate (Not in the sample (au001re = 0), no reported periods of depression (au002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (au003re = 1))	1625	1722	3347
0		5	7	12
1		1	0	1
4		3	4	7
5		4	7	11
6		15	30	45
7		153	310	463





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