

## Phone: Depression

UDEPR - Depression Module for Sibling-Spouse Phone Instrument

### OVERVIEW

Information about the Sibling-Spouse Respondent's depression experience was collected in the following manner:

Life-time experiences of depression have been asked to Sibling-Spouse Respondents who were randomly selected to answer on alcohol consumption and depression experiences (ALCFLAG = 1).

The 2004 Graduate, Graduate-Spouse, 2005 Graduate-Sibling and Sibling-Spouse share same depression module.

These depression modules are replicates of 1993 Graduate depression module.

### BRIEF VARIABLE DESCRIPTIONS

BU001RE	Random sub-sample selection flag (ALCFLAG).
BU002RE-BU012RE	Ever depressed, age, symptoms.
BU013RE	Count of depression episodes lasting two weeks or more.
BU014RE-BU015RE	Length of depression episode for respondents who had ONLY ONE episode.
BU016RE-BU019RE	Average duration and average time between episodes for respondents who had more than one depression episode.
BU020RE-BU021RE	Age at first and last episodes of depression.
BU022RE-BU023RE	Psychological well-being between depression episodes.
BU024RE	Count of depression symptoms.
BUA24RE	Number of valid responses for symptoms in bu024re.

For more information on the Depression Module see Appendix M.

## bu001re: 80% random sample for Depression section

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: Not Applicable  
Source variables: ALCFLAG

Value	Label	Frequencies		
		Male	Female	Total
0	R is NOT in subsample, did NOT answer depression section	214	233	447
1	R IS in subsample, DID answer depression section	732	946	1678

Note: NOTE: If bu001re is 0, then no further questions are asked.  
 Religion, recall, alcohol and depression are asked of the same sample.  
 This variable is identical to bua01re in the Alcohol module.

**bu002re: Have you ever had a time in life lasting two weeks or more when nearly every day you felt sad, blue, depressed, or when you lost interest in most things like work, hobbies, or things you usually liked to do for fun?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
 Source variables: h\_u100

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample (bu001re = 0))	214	233	447
-1	DON'T KNOW	1	1	2
1	YES	123	263	386
2	NO	605	682	1287

Note: If bu002re is NOT 1, then no further questions are asked.

**bu003re: Were your experiences with depression always caused by alcohol, drugs, medications, or physical illness?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
 Source variables: h\_u120

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	1	0	1
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0) or no reported periods of depression (bu002re ^= 1))	821	916	1737
-1	DON'T KNOW	0	3	3
1	YES	39	52	91
2	SOMETIMES	4	7	11
3	NO	79	201	280

Note: If bu003re is 1, then no further questions are asked.

**bu004re: What age were you when you experienced the worst,  
particularly bad, or the most recent period of depression?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u120, h\_u130, h\_u140, h\_u150

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	0	2	2
14 - 30		14	44	58
31 - 40		21	49	70
41 - 49		15	50	65
50 - 58		21	43	64
59 - 84		13	23	36

Note: See bu005re for types of depressive episode.

Note: We first ask about the age of the worst period.

If there is no worst period or all periods are alike,  
then we ask about the particular bad one.

If respondent cannot think of the particular bad one,  
then we ask about the most recent one.

### **bu005re: Was this depression the worst, particularly bad, or the most recent episode?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone

Source variables: h\_u120, h\_u130, h\_u140, h\_u150

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
1	DATA IS FOR THE WORST SPELL	83	206	289
2	DATA IS FOR A PARTICULARLY BAD SPELL	0	3	3
3	DATA IS FOR THE MOST RECENT SPELL	1	2	3

**bu006re: During your worst, particularly bad, or most recent episode of depression, did you lose weight without trying to - as much as 2 pounds a week for several weeks or as much as 10 pounds altogether?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u160

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	5	6	11
1	YES	24	75	99
2	NO	55	130	185

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu007re: Did respondent have two weeks or more when nearly every night s/he had trouble falling asleep?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u170

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	2	4	6
1	YES	43	124	167
2	NO	39	83	122

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu008re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you lacked energy or felt tired all the time, even when you had not been working very hard?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u180

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	4	3	7
1	YES	57	165	222
2	NO	23	43	66

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu009re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you felt very bad when waking up, but felt better later in the day?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u190

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	3	10	13
1	YES	42	110	152
2	NO	39	91	130

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu010re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you lost interest in most things like work, hobbies, or things you usually liked to do for fun?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u200

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	0	4	4
1	YES	62	167	229
2	NO	22	40	62

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu011re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when nearly every day you had a lot more trouble concentrating than is normal?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u210



Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	0	5	5
1	YES	56	151	207
2	NO	28	55	83

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier and lasted at least 2 weeks or more.

**bu012re: During your worst, particularly bad, or most recent episode of depression, did you have two weeks or more when you thought a lot about death - either your own, someone else's, or death in general?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u220

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	0	1	1
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), or depression always caused by alcohol, drugs, meds, or illness (bu003re = 1))	860	968	1828
-1	DON'T KNOW	0	2	2
1	YES	41	116	157
2	NO	43	92	135

Note: This question is applied to the worst, the particularly bad, or most recent episode of depression mentioned earlier

and lasted at least 2 weeks or more.

Note: If the total number of symptoms is less than two (if bu024re < 2), no further questions are asked.

**bu013re: How many periods have you had in your lifetime that lasted two weeks or more when you felt sad, blue or depressed?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone

Source variables: h\_u250

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), or having less than 2 symptoms (bu024re < 2))	870	978	1848
-1	DON'T KNOW	5	9	14
1		30	98	128
2		18	41	59
3		6	18	24
4		4	12	16
5		2	9	11
6		0	4	4
7		0	1	1
8		0	1	1
10		0	3	3
12		4	1	5
15		0	2	2
20		1	0	1
40		1	0	1
50		1	2	3

Note: bu013re is top coded at 50 on the public release.

Note: Periods should be counted separately if the recovery time  
between depression spells is two months or more.

Note: If respondent has had ONLY ONE period (bu013re = 1),  
bu014re and bu015re are asked, then no further questions are asked.

Note: If respondent has had MORE THAN ONE period (bu013re > 1),  
then goto bu016re.

**bu014re: How long did your sole period of depression last? This question asked of respondents who have had only one period of depression.**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u260\_a

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	0	1	1
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having more than one period (bu013re > 1))	914	1081	1995
-1	DON'T KNOW	0	4	4
1		3	23	26
2		10	30	40
3		6	13	19
4		0	5	5
5		3	0	3
6		8	13	21
7		0	1	1
9		0	3	3
10		0	1	1
15		0	1	1
16		0	1	1
18		0	1	1
30		0	1	1

Note: This question is for respondents who has expereined ONLY ONE depression episode mentioned at bu013re (bu013re = 1).

**bu015re: What is the unit for the length of the sole period when you felt sad, blue, or depressed?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u260\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having more than one period (bu013re > 1))	914	1086	2000
1	DAY	0	3	3
2	WEEK	12	27	39
3	MONTH	13	46	59
4	YEAR	5	17	22

Note: This question is for respondents who has expereinced ONLY ONE depression episode mentioned at bu013re (bu013re = 1).

**bu016re: What is the average length of the periods when you felt sad, blue, or depressed?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u270\_a

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
-1	DON'T KNOW	1	12	13
1		8	22	30
2		16	30	46
3		4	9	13
4		2	5	7
5		0	4	4
6		3	7	10
8		1	1	2
9		0	1	1
10		0	1	1
18		0	1	1
20		1	0	1
30		1	0	1
45		0	1	1

Note: This and further questions are for respondents who has expereinced MORE THAN ONE depression episodes mentioned at bu013re (bu013re > 1).

**bu017re: What is the unit for the average length of the periods when you felt sad, blue, or depressed?**

Data source: Sibling Spouse Respondent      Collected in: 2005      Mode: phone  
Source variables: h\_u270\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	908	1097	2005
1	DAY	1	1	2
2	WEEK	22	33	55
3	MONTH	11	42	53
4	YEAR	2	6	8

**bu018re: What is the usual length of time between the end of one period of depression to the beginning of the next?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u300\_a

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Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
-1	DON'T KNOW	10	26	36
1		4	6	10
2		5	9	14
3		3	6	9
4		4	2	6
5		0	12	12
6		3	7	10
7		0	3	3
8		0	2	2
10		3	9	12
11		0	1	1
12		0	1	1
14		2	0	2
15		2	3	5
18		0	1	1
20		0	3	3
25		0	1	1
28		0	1	1
30		1	0	1
40		0	1	1



**bu019re: What is the unit for the usual length of time between the end of one period of depression to the beginning of the next?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u300\_b

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	917	1111	2028
1	DAY	1	3	4
2	WEEK	2	3	5
3	MONTH	7	13	20
4	YEAR	17	49	66

**bu020re: Age the first time the respondent had a period of two weeks or more when he/she had some of these problems and also felt sad, blue or depressed.**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u310

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
-1	DON'T KNOW	2	5	7
10 - 21		5	19	24
22 - 29		5	21	26
30 - 37		9	17	26
38 - 47		11	14	25
48 - 68		5	18	23

**bu021re: What age were you the last time you had a period of two weeks or more when you felt sad, blue or depressed?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u330

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^ = 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
-1	DON'T KNOW	0	3	3
18 - 44		8	17	25
45 - 50		9	22	31
51 - 55		7	22	29
56 - 62		7	21	28
63 - 85		6	9	15

**bu022re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you feeling O.K. at least for some months?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u340

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
	Inappropriate			
-2	Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
1	YES	36	93	129
2	NO	1	1	2

**bu023re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you fully able to work and enjoy being with other people?**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: h\_u350

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
	Inappropriate			
-2	Inappropriate (Not in the sample(bu001re = 0), no reported periods of depression (bu002re ^= 1), depression always caused by alcohol, drugs, meds, or illness (bu003re = 1), having less than 2 symptoms (bu024re < 2), or having sole period (bu013re = 1))	907	1085	1992
1	YES	34	86	120
2	NO	3	8	11

**bu024re: Count of depression symptoms.**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: bu006re - bu012re

Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-3	REFUSED	3	1	4
-2	Inappropriate Inappropriate, not in sample, bu001re=0; or no periods of depression, bu002re=2; or depression always caused by alcohol, drugs, medications, or physical illness, bu003re=1.	253	285	538
0		607	689	1296
1		8	3	11
2		13	21	34
3		12	34	46
4		15	45	60
5		13	43	56
6		13	40	53
7		7	18	25

Note: This variable is the sum of symptoms which respondent has experienced from bu006re to bu012re.

If a valid yes or no response is given for fewer than 4 of the 7 symptoms in bu006re to bu012re then bu024re is coded -3. bua24re indicates the number of valid responses.

The code 0 includes those who have never experienced a period of depression according to response in bu002re.

The -2 code includes those whose depression always caused by alcohol, drugs, medications, or physical illness, bu003re=1.

### **bua24re: Number of valid responses to depression symptoms in bu006re through bu012re.**

Data source: Sibling Spouse Respondent    Collected in: 2005    Mode: phone  
Source variables: bu006re - bu012re

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Value	Label	Frequencies		
		Male	Female	Total
-5	PARTIAL INTERVIEW	2	0	2
-2	Inappropriate Inappropriate, not in sample, bu001re=0; or no periods of depression, bu002re=2; or depression always caused by alcohol, drugs, medications, or physical illness, bu003re=1.	858	967	1825
0		2	1	3
3		1	0	1
4		0	3	3
5		1	3	4
6		8	20	28
7		74	185	259

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bu022re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you feeling O.K. at least for some months? . . . . .	19
bu023re: Between any periods of two weeks or more of feeling sad, blue or depressed, were you fully able to work and enjoy being with other people? . . . . .	20
bu024re: Count of depression symptoms. . . . .	20
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