The transformation of gender relations since the beginning of the 20th century is one of the most rapid, profound social changes in human history. For the more than 6,000 years of human history [check time span] since settled agriculture and early states emerged, male domination has characterized the gender relations of these societies and their successors. Even at the beginning of the 20th century, men and women were generally viewed as occupying sharply different roles in society: a woman’s place was in the home as wife and mother; the man’s place was in the public sphere. Men had legal powers over the lives of their wives and children, and while wife beating was never strictly legal in the United States, its practical legal status was ambiguous and perpetrators of domestic violence rarely punished. To be sure, articulate critics of patriarchy – rule by men over women and children – had emerged by the end of the 18th century, and the movement for the right of women to vote was well under way by the end of the 19th century, but nevertheless, at the beginning of the 20th century the legitimacy of patriarchy was taken for granted by most people and backed by religious doctrines that saw these relations as ordained by God.

By the 21st century only a small minority of people still holds to the view that women should be subordinated to men. While all sorts of gender inequalities continue to exist, and some of these seem resistant to change, they exist in a completely different context of cultural norms, political and social rights, and institutionalized rules. Male domination has not disappeared, but it is on the defensive and its foundations are crumbling.

In this chapter we will explore the realities of gender relations in the United States today. We will begin by defining the concept of “gender” in sociological terms and explain what it means to talk about gender inequality and the transformation of gender relations. This will be followed by a broad empirical description of the transformations of gender in America since the middle of the 20th century, and an explanation of those transformations. This will provide us with an opportunity to explore a central general sociological idea in discussions of social change: how social change is the result of the interplay of unintended changes in the social conditions which people face and conscious, collective struggles to change those conditions. The chapter will conclude with a discussion of the dilemmas rooted in gender relations in the world today and what sorts of additional changes are needed to move us closer to full gender equality.

I. GENDER, NATURE AND THE PROBLEM OF POSSIBLE VARIATION

At the core of the sociological analysis of gender is the distinction between biological sex and gender: sex is a property of the biological characteristics of an organism; gender is socially constructed, created. This is a powerful and totally revolutionary idea: we have the potential capacity to change the social relations in which we live, including the social relations between biologically defined men and women. Sometimes in the media one hears a discussion in which someone talks about the gender of a dog. In the sociological
use of the term, dogs don’t have gender; only people living within socially constructed relations are gendered.

This distinction raises a fundamental question in sociological theory about what it means to say that something is “natural”. Gender relations are generally experienced as “natural” rather than as something created by cultural and social processes. Throughout most of history for most people the roles performed by men and women seem to be derived from the biological properties. After all, it is a biological fact that women get pregnant and give birth to babies and have the capacities to breastfeed them. Men cannot do this. It is biological fact that all women know that they are the mothers of the babies they bear, whereas men know that they are the fathers of particular children only when they have confidence that know the sexual behavior of the mother. It is a small step from these biological facts to the view that it is also a fact of nature that women are best suited to have primary responsibility for rearing children as well, and because of this they should be responsible for other domestic chores.

The central thesis of sociological accounts of gender relations is that these biological facts by themselves do not determine the specific form that social relations between men and women take. This does not imply, however, an even stronger view, that gender relations have nothing to do with biology. Gender relations are the result of the way social processes act on a specific biological categories and form social relations between them. One way of thinking about this is with a metaphor of production: biological differences rooted in sex constitute the raw materials which, through a specific process of social production, get transformed into the social relations we call “gender”.

Now, this way of thinking about sex and gender leaves entirely open the very difficult question of what range of variation in gender relations is stably possible. This is a critical question if one holds to a broadly egalitarian conception of social justice and fairness. From an egalitarian point of view, gender relations are fair if, within those relations, males and females have equal power and equal autonomy. This is what could be termed “egalitarian gender relations.” This does not imply that all men and all women do exactly the same things, but it does mean that gender relations do not generate unequal opportunities and choices for men and women.

The sociological problem, then, is whether or not a society within which deeply egalitarian gender relations predominate is possible. We know from anthropological research that in human history taken as a whole there is enormous variation in the character of social relations between men and women. In some societies at some points in history, women were virtually the slaves of men, completely disempowered and vulnerable. In some contemporary societies they must cover their faces in public and cannot appear outside of the home without being accompanied by an appropriate man. In other times and places, women have had considerable autonomy and control over their bodies and activities. So, one thing is for sure: there is enormous empirical variation which we can observe.

What is much less clear is what sorts of variation are possible, and what sorts of possibilities would be stable over time. For example, in all societies women have historically had primary responsibility for early-infant care; in no society has it been the case that the prevalent social norms backed the principle that fathers should be as involved in the care of babies as mothers. As a generalization from this empirical
observation, therefore, we might conclude that strongly egalitarian norms about parenting of babies are not possible. Such a conclusion would be unjustified. The empirical universality of this “fact” does not mean that it is simply a “natural” reflection of biological imperatives because this observed universal has occurred in a world characterized by certain specific economic, political and cultural properties. Until the very recent past, for example, birth control was relatively ineffective; now it is reliable. Until the last one hundred and fifty years or so, most people had to spend most of their time producing food. This is no longer true. Until recently, because of relatively high infant mortality women needed to have many children in order to insure that there would be surviving adult children. For most people, this was essential if they hoped to have anyone to take care of them when they were old. Again, this is no longer the case in countries like the United States. Most of these changes have occurred only in the last few generations. Also, until the recent past, no governments were organized on popular-democratic principles and no cultures valued individual autonomy and liberal rights. All of these are historically novel developments of the past few centuries. What we do not know, then, is what new forms of gender relations might become possible and stable given these dramatically altered economic conditions. In particular, we do not know whether or not under the dramatically altered material and cultural circumstances of the United States and similar countries in the 21st century, fully egalitarian gender relations are possible.

Furthermore, even if we decided for some reason that it was indeed “natural” for women to specialize in taking care of infants, this would not actually resolve the question of whether or not it was desirable for there to be a cultural norm telling women that they should do most of the caregiving or whether egalitarian norms could never become dominant. Just because something is “natural” – in the sense of reflecting some underlying biological characteristics of people – does not mean it is desirable and untransformable. It is perfectly natural for a person to die from smallpox: our biological system is such that this infection often kills us. No one feels that this makes it undesirable to develop vaccines. Human beings are naturally omnivorous – we have the necessary enzymes to digest animal products and in all societies before “civilization” intruded on people in the form of settled agriculture, people were indeed omnivores, but this does not settle the question of whether or not it is possible and desirable to be a vegetarian. So, the sheer “naturalness” of inegalitarian aspects of gender relations – even if this could somehow be convincingly demonstrated – does not prove that egalitarian relations are impossible, let alone undesirable.

A final issue in play in thinking about possible transformations of gender relations concerns variations among men and among women in underlying biologically-rooted dispositions. It may be that because of genes and hormones, men are, on average, more aggressive than women and, on average, have stronger instinctual proclivities to dominate, or that woman because of genes and hormones are on average more nurturant and have stronger dispositions to engage in caregiving activities. However, regardless of what are the “natural” dispositions of the average man and woman, it is also equally certain that there is a tremendous overlap in the distribution of these attributes among men and among women. There are many women more aggressive than the average male and many men more nurturant than the average female. It is also virtually certain that whatever are the observed behavioral differences between genders that are generated by
genes and hormones, society and culture exaggerate these differences because of the impact on socialization and social norms on behavior. You cannot take the simple empirical observation of the existing differences in distributions of these traits between genders and infer anything about what is the “true” biological difference under alternative conditions.

This general point about the relationship between the distribution of underlying biological dispositions in men and women and the distribution of manifest behaviors of men and women under existing social relations is illustrated graphically in Figure 15.1. This figure illustrates the distribution of time spent taking care of babies and young children by mothers and by fathers in two-parent households under two hypothetical conditions: The top graph represents this distribution in a society like the United States in which there are strong cultural norms which affirm that taking care of infants is more the responsibility of mothers than of fathers. The bottom graph represents the hypothetical distribution of such behaviors in a society in which the norms say that it is equally good for fathers as for mothers to take care of infants. In the first case girls are socialized to believe that they should take care of babies and the prevailing norms are critical of mothers who hand off that responsibility to others. In the second case both boys and girls are taught that it is good thing for both fathers and mothers to do intensive caregiving and the prevailing norms create no pressures for mothers to take on this responsibility more than fathers.

In this second, hypothetical world it could still be the case that mothers on average do spend more time in infant care. Even if there was no cultural pressure on them to do so, the underlying biologically-rooted dispositions could lead to some division of time on this task. We do not know how big the gender gap in caregiving of infants would be because it is not possible to do the experiment. But what we know virtually for certain is that the gap would be smaller than it is in the world in which we live today.

These observations on gender, nature, and the possibilities of much more egalitarian relations than currently exist constitute the theoretical background for the rest of this chapter in which we describe the empirical changes that have occurred in recent decades and explore the conditions which would make further changes towards gender equality possible in the future.

II. THE TRANSFORMATION OF GENDER RELATIONS IN AMERICA

What follows below is a brief descriptive tour through some of the major changes in patterns of gender inequality during the last decades of the twentieth century. The simple story is that there have been tremendous gains in the direction of greater equality, but significant inequalities remain.

1. Legal Rights

It is hard for most people alive today to really understand how it could be that before 1920 women in the United States did not have the right to vote. This was justified on many grounds: they were not as rational or intelligent as men; they were not really autonomous and would have their votes controlled by the men in their lives; like children, they were ruled by their emotions. The result is that women were not really full political citizens until the third decade of the 20th century. Even then, it would be many decades
more before they had the same social and economic rights as men. Until the 1930s, married women were not allowed to travel on their own passports; they had to use their husbands. Until World War II, formal and informal “marriages bars” were in place in many parts of the United States, prohibiting married women from many clerical jobs and public school teaching. One historian described the logic of marriage bars for teachers this way: “Prejudice against married women as teachers derived from two deeply rooted ideas in American society: first, that women’s labor belongs to their husbands, and second, that public employment is akin to charity. School authorities doubted that women could service their families and the schools without slighting the latter.”¹ It was not until the passage of the Civil Rights Act in 1964 that discrimination against women in jobs, pay, and promotion was made illegal. Even though in the 1970s a Constitutional Amendment to guarantee equal rights for women – the Equal Rights Amendment – failed to pass the required number of states, by the end of the 20th century, virtually all of the legal rules which differentiate the right of men and women had been eliminated. Aside from a few isolated contexts in which women are barred from certain activities – for example, direct combat roles in the military – women now do, effectively, have equal formal rights to men.

2. Labor force participation

In 1950 only about 10% of married women with children under 6 were in the paid labor force; 90% were stay-at-home Moms. Even when the youngest child reached school age, at the mid-point of the twentieth century over 70% of married women were still full time homemakers. This was clearly the cultural standard, at least for white women. For black women the norm was always weaker, although it was still the case in 1950 that 55% of black women with children over 6 did not work in the formal paid labor force.

By the beginning of the 21st century the situation had dramatically changed: Over 60% of mothers with children under six and nearly 80% of mothers with children in school were now in the paid labor force. Continuous labor force participation with, at most, brief interruptions with the birth of a child, had become the new cultural norm. This is an extraordinarily rapid change in the relationship between women and the labor market, more rapid, for example, than the change in employment patterns that occurred during the industrial revolution. [get data on the % of the labor force in agriculture over the 19th century to show how rapid a change this is]

Figure 15.2 Female labor force participation rates

3. Occupational Structure

The dramatic increase in female labor force participation has been accompanied by a significant change in the economic opportunities of women, in terms of the occupations women fill and the earnings they receive.

Figure 15.3. Advances of women in some traditionally male dominated occupations. In certain occupations that were previously almost entirely male, women have made substantial headway. In 1975, only 2.7% of Police officers, 4.3% of architects,

6% of doctors and 7.1% of lawyers and women. By 1998 these figures had increased to 16.3%, 17.5%, 26.6% and 28.5%. [get data to 2008…get data for doctors]. It will take, of course, many years for the proportion of women in a traditionally male occupation to approach 50% even if all barriers to women disappeared and half of all new entrants to the profession were women, since it would take time for the men who entered the system under the earlier conditions retired. One critical issue for the future of the gender composition of a profession, therefore, is the rate of increase of women who enter the professional training program. This too is happening: In 1973 20% of admitted medical students were women. This increased to 37% by 1988 and 45% by 2000. The comparable figures for lawyers are: XX, YY and ZZ%.

These are real, and important reductions in the gender segregation of certain important occupations. It would be a mistake, however, to conclude that the occupational structure as a whole has become degendered. Many occupations remain heavily dominated by one gender or another. A selection of occupations that are heavily sex-typed as either male or female is given in Table 15.1. In 2008 it was still the case that over 98% of secretaries, 97% of preschool teachers, and 98% of dental assistants were women. Among iconic male occupations, in 2008 women constituted only about 5% of airline pilots and 1% of carpenters and automechanics.

**Figure 15.5 hourly earnings of women relative to men, 19XX to 200X.** In terms of earnings, the relative pay of women increased from X% of male wages to Y% of male wages in the period 197x to 199x. Since then the gap has remained more or less steady. Much of this gain comes directly from the increased labor market participation of women, since years of experience and continuity of employment in the labor market results in higher pay for both men and women. And some probably reflects efforts to eliminate pay discrimination against women. Still, even when you control statistically for, experiences levels, education, skills and other factors, a pay gap remains between men and women. Much of this reflects the large pay differences in pay that continue to exist for jobs that are identified with women compared jobs associated with men: parking attendants typically earn more their pre-school teachers.

4. **Power**

Gender inequality in the extent to which women occupy positions which confer significant power is more difficult to assess than inequality in pay or in occupational distributions. One indicator is presence of women on boards of directors and top managerial positions in large corporations. In 2008, 15.2% of the seats on boards of directors in Fortune 500 firms were held by women, 15.7% of the corporate officers in those firms were women, and 3% of the CEOs were women. These figures certainly show a significant under-representation of women, but they also mark a significant improvement over the past. [Get figures for earlier Catalyst pyramids and other reports – check out their website for this]. What is more to ascertain is the extent to which the under-representation reflects systematic barriers and discrimination faced by women today. At least some of this under-representation of women at the top of managerial hierarchies is simply the historical legacy of the virtual absence of women from lower levels of the management structure 25 years ago, since women need to be in

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the pipeline of promotions to make it to the top by the end of their careers. How much of the rest of the under-representation is the result of gender-specific barriers and discrimination faced by women – especially the strong barriers referred to as the “glass ceiling” – and how much of it reflects the ways in which women themselves may choose not to compete in those hierarchies because of their personal priorities is an extremely difficult empirical question. It is particularly difficult because, of course, the choices women make may themselves be conditioned by the experience of barriers: the barriers make managerial careers for women more difficult, and by virtue of this they may decide it isn’t worth the fight and thus they “select themselves” out of the competition.

What about women in positions of political power? Figure 15.5 Women elected officials – get data for this as far back as possible.

5. Transformation in family structure

The period since the end of the WWII has also witnessed a dramatic and rapid change in the nature of family structure and the composition of households.

Figure 15.3 Household types, 1950 -2000 (2008?) At midcentury a almost 80% of all people lived in households consisting of a married couple. This meant that many adult children lived with their parents until getting married, or only lived on their own for a very short period. This was clearly the cultural standard. Other household forms were either deviant or transitional. By 2000 only half of all households consisted of a married couple. Households of a single person living alone increased from only 10% of all households in 1940 to a third by 2000. The remaining households consisted of cohabiting unmarried couples and households of single people with roommates. In the half century between the end of WWII and the end of the century and single, monolithic cultural model of household composition had largely disappeared and replaced by a much more heterogeneous array of forms.

Figure 15.4. Children in families. 15.5 Divorces. Figure 15.4 never married, 1940- 2008. Family structures and marriage patterns also changed dramatically over the same period. In the last half of the twentieth century in a variety of ways, marriage has become a less central and stable institution in many people’s lives. In 1960, only 6% of women aged 30-34 had never married. By 2008 this had increased to over 25%. For those who choose to marriage, marriages have become much less durable: In the early 1950s only about 30% of all marriages ended in divorce. By the 2000s this was over 50%. Along with this decline in marriage, an increasing number of children are born to single mothers. The combined effect of these various trends is a dramatic change in the family circumstances of children: In 1950 XX% of all children lived in two parent intact families. By 2000 this had declined to only YY%, while A% lived in single-parent households, and B% lived in families with one of their parents and a step-parent.

6. Domestic division of labor within the family

The family is one of the pivotal sites where gender relations are produced and reproduced. It is a central place where children first learn about the roles connected to gender, and where power relations built around gender are located. “Patriarchy” as an historically central form of gender relations means literally “rule by the father” and was
firmly based in male domination inside of families. Gender relations are not formed only within the intimate relations of the family; they are constructed within the public sphere as well. But a good case can be made that the family constitutes the most fundamental arena within which these relations are forged.

A central aspect of gender relations within families is the division of labor over domestic tasks. In what has come to be known as the “traditional American family”, the wife was a full-time homemaker, particularly when there were children living in the family, and the husband was the breadwinner. As a full-time homemaker, the wife/mother did virtually all of the housework and most of the childcare, except for some recreational activities. Husbands did many home repairs, took care of the car, and did certain heavy outdoor tasks like lawn mowing and snow shoveling. While it was never the case that all families followed this male-breadwinner + female-homemaker model, it was certainly the dominant American ideal in the middle of the 20th century, and the practical reality for a majority of households.

As we have seen, in the decades after 1950 there has been tremendous change in the labor force participation rates of married women, and increasingly changes in their occupational roles and relative earnings. Initially these changes in the public roles of women were not reflected in any change within the division of labor in the home. As shown in Figures 15.9 and 15.10 between 1965 and 1975 men hardly increased their involvement in household labor at all, while women decreased theirs quite a bit. The initial affect of increased labor force participation of wives and mothers was messier houses! But then, between 1975 and 1998 men did gradually begin to do more. This is especially dramatic for ordinary housework. In 1965 mothers spent 23 times more time cleaning house than did fathers. This declined to only 13.5 times more in 1975, but this was entirely because mothers on average decreased the amount of time they spent cleaning house from an average of around 160 minutes a day to just over 100 minutes a day. In both periods fathers typically spent less than 10 minutes a day on routine housecleaning. By 1998 the ratio had declined to 2.6:1, but this time most of the change came from the increase of father’s housecleaning labor to over 30 minutes a day. This is still far from an equal sharing of housework, but it reflects some real movement in that direction. Full-time working mothers still do a second shift at home, and they have less free time than their husbands, but the disparity has begin to decline.

7. Sexuality

Sexuality has an extremely complex relation to gender relations in general and gender inequality in particular. Some scholars have argued that one of the central motives historically for male domination centered on the problem of female fertility: the only way that men could guarantee that they were in fact the fathers of their children was to control the bodies of the women who were to be mothers of those children. Controlling female sexuality and fertility was therefore a central component of the social processes that generate male domination. The continuing controversies in American society over the availability of certain forms of contraception and, above all, abortion, reflect this age-old issue of the social processes through which biological reproduction are control.

Sexuality is also tied to inequality in gender relations through sexual violence. Sexual violence both outside of marriage and inside of marriage is a central feature of male domination in many societies, including our own. It both expresses the unequal
power relations between men and women and helps to reinforce that inequality, as the
greater vulnerability of women to such violence inhibits their easy movement in public
spaces.

Social attitudes and treatment of homosexuality are also bound up with gender
relations, in so far as men and women having sexual relations with members of their own
sex violates one of the core elements of the social norms regulating male/female
relations. Certainly the idea of same-sex marriage is seen by many people as a direct
threat to a conventional understanding of how families should be structured around
traditional, inegalitarian forms of gender roles.

As is the case for the other trends we have discussed, the transformation of social
norms and legal rules around sexuality has been dramatic since the middle of the 20\textsuperscript{th}
century. Part of this is anchored in technological changes, especially the invention and
widespread dissemination of the birth control pill, which made the control by women of
their own fertility much easier and reliable and opened the door – some people believe –
for the “sexual revolution”. Equally important were changes in laws around availability
of birth control and the fairly rapid change in social norms about their visibility and
accessibility. Even in the case of the most contentious aspect of control over female
fertility – abortion – a stable majority of people in the United States believe that women
should have the right to abortion. \textbf{Only XX\% believe that this right should be entirely
withdrawn and abortion should be treated as a criminal offense as it was in most
places [all places?] in the United States in the 1950s.}

The transformations in sexual norms, however, go far beyond simply the issues of
birth control. Sexual violence and sexual abuse have become much more heavily
condemned and controlled since the middle of the twentieth century. Until the mid-1970s
rape was a defined as a crime only if the perpetrator was not a spouse. By the first decade
of the 21\textsuperscript{st} century half of the states in the United States had completely removed the
marital exemption from rape laws, and the remaining states treated it as a crime, but of
lesser severity than rape outside of marriage. Sexual abuse of children has also become a
much more salient issue, particularly in the aftermath of the repeated scandals of abuse of
children by priests. Sexual harassment in workplaces, schools, and other public places,
which once was regarded by many men as at worst coarse behavior, is now
acknowledged as a form of serious intimidation of women that generates real harms.

Perhaps the most dramatic transformation of sexual norms concerns
homosexuality. After all, sexual violence and abuse of children were always thought of as
reprehensible; what has changed is the visible public attention these are given. In the case
of homosexuality the prevailing attitudes, norms and the laws have changed in
fundamental ways. In the 1950s homosexuality was a criminal offense in all states in the
United States \textbf{[check this – all? How many] even if the statutes were only erratically
enforced}. There were periodic police raids on gay bars and being revealed as a
homosexual was grounds for loosing a job. Homosexuality was broadly regarded as
immoral and shameful, and most homosexuals had to remain “in the closet” to avoid
stigma and ostracism.

By the beginning of the 21\textsuperscript{st} century, laws criminalizing homosexuality had been
ruled unconstitutional and the public acceptance of homosexuality as simply a variation
on human sexuality had become fairly widespread. Discrimination in employment and
housing against homosexuals is broadly viewed as illegitimate, and as of 2009 in XX states it is illegal under anti-discrimination statutes [get number of states that have anti-discrimination laws for gays]. Even in the military, homosexuality was tacitly accepted under the awkward “don’t ask, don’t tell” policy adopted in the Clinton Administration, and it is very likely that by the second decade of the century formal restrictions on homosexuality in the military will be dropped. On the most high profile hot button issue around gay rights – the legalization of same-sex marriage – in 2008 a majority of the public favored giving all of the substantive rights associated with marriage to same sex couples under the rubric civil partnership, even if a majority still opposed the use of the word “marriage” to designate these legal arrangements. Among younger cohorts, however, a clear majority favors full legalization of such marriages. [get public opinion data for this issue. A figure over time would be best. Also, if there are good exit polls by age from the California proposition 8 vote that would be good.] In California, a ballot proposition banning same-sex Marriage was almost defeated in the general election of 2008, and in that vote, if voters over age 65 had stayed home, the proposition would have failed and same-sex marriages would have been legal in the state. Given these sharp differences in attitudes by age group, it seems very likely that eventually same-sex marriage will become legal. In 2000s, this has already happened in a number of Western European countries – the Netherlands, Spain, Sweden, Britain – and most others have formalized full civil partnerships. Eventually this will almost certainly happen in the United States as well as older generations that still harbor homophobic views die.

Given the salience of issues around sexuality in religion and culture, and given how restrictive the dominant cultural norms were in the middle of the 20th century, these changes are indeed striking. They constitute very substantial gains in individual autonomy and self-determination, and are also intimately connected to the transformation of gender relations in an egalitarian direction.

III. EXPLAINING THE TRANSFORMATION OF GENDER RELATIONS

How do we explain these patterns? How do we account for the trajectory of changes in gender relations we are living through? The simple answer to this question focuses on the ways the massive changes in the American economy opened up new opportunities in the paid labor force for women, and how, as women took advantages of those opportunities this undermined certain traditional patterns of gender relations. These processes in turn opened a space for collective action by women’s groups to challenge the rules of the game that discriminated against women and created barriers to their advancement, and the success of those challenges, in turn, accelerated the movement into the labor force and the erosion of some aspects of traditional gender relations.

Underlying this account are three different kinds of processes at work which interact to first erode the basis for traditional gender relations and then make possible their transformation: first, in the second half of the 20th century there were increasing inconsistencies in the interests of men, especially powerful men, in defending male domination; second, the erosion of the institutional system that systematically reinforced female domesticity weakened the interests of many women in existing gender relations; and third, the capacity for women to struggle against male domination increased. These processes created the context in which collective struggles, especially those organized by women, against the established rules of the game could achieve significant gains.
The problem of the interests of men

Inequalities of power and privilege do not continue out of sheer momentum; they require considerable social energy and resources to be reproduced. If, over time, the interests of powerful people become less tied to a particular form of oppression, they are likely to devote less energy and fewer resources to sustain that inequality, and this makes the oppression in question more vulnerable to challenge. In the case of gender inequality, the interests of men in general, and elite, powerful men in particular, in maintaining certain aspects of male domination and gender inequality weakened over time. This doesn’t mean that men ceased to be sexist. They have all sorts of attitudes and beliefs which impeded – and continue to impede – gender inequality. The key idea here is that many men also had interests which weakened their stake in male domination.

A good example of this is the economic interests of employers in capitalist firms, particularly once their need for highly educated, literate labor increases. Increasingly in the period after the Second World War, because of technological change and the growth in importance of the service sector in the economy, employers needed to find a new source of educated labor for white collar jobs. Women were an obvious potential largely untapped source of such labor. But to get women into the labor force it was necessary to ease the barriers to their participation. Once in the labor force, employers had interests in promoting talented employees, giving them more responsibilities, and so on. Now, employers were also overwhelmingly men and generally had sexist attitudes, and this continued to interfere with the most efficient hiring and promoting practices, particularly when sexism also allowed them to pay women less than men. For these reasons, male employers were rarely at the forefront of actively challenging sexism. Nevertheless, their interests in profit-maximizing of their capitalist firms and their interests as men in maintaining traditional gender relations often cut in opposite directions. This increasing incoherence of their interests undermined their determination to defend sexist practices when those practices came under challenge. Robert Jackson states this explanation for the erosion of women’s subordination this way: “The driving force behind this transformation has been the migration of economic and political power outside the household and its reorganization around business and political interests detached from gender….Gender inequality declined because modern society transferred social power from people committed to preserving men’s advantages to institutions and people whose interests were indifferent to gender distinctions….While prejudices against women still ruled many actions of men with power, their institutional interests repeatedly prompted them to take actions incompatible with preserving gender inequality.”

The crisis of female domesticity

Changes in the interests of men within the public sphere are only part of the story. There is also a second powerful cluster of processes at work in the radical transformation of gender relations: processes which have eroded the stability of the traditional role for women in the private sphere and therefore affect the interests of women with respect to

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3 This argument about the critical importance of the weakening of coherent interests among men in male domination comes from the work of Robert M. Jackson, Destined for Equality: The Inevitable Rise of Women’s Status (Harvard University Press, 1998)
4 Jackson, Destined for Equality, p….. italics added
gender relations. These processes have been described by Kathleen Gerson as generating a crisis of female domesticity in the United States.  

The American family in the 1950s can be seen as embedded in a systematic structure of interconnected, reinforcing social supports for female domesticity. There are five main elements in this system:

- **Stable marriages.** Stable marriages gave women a long time horizon in forming their expectations about the support that will be provided by their husbands and sense of security in these relations. This encourages economic dependency of women on men and reinforces the sense of the motherly role as “natural.” Particularly in a world where most families had at least three or four children and mothers were not expected to work for pay while there were children living in the home, this encouraged an ideal of life-long domesticity for married women.

- **Blocked work opportunities.** When labor market opportunities for women are fairly restricted, domesticity becomes a more attractive practical alternative than when there are lots of interesting and well paid work opportunities available.

- **The family wage.** The family wage is the principle that the earnings of the “male breadwinner” should be sufficient to support a family. In the United States, the ideal of the family wage became the norm from the end of the 19th century until the middle of the twentieth. Especially if this is rising over time, this reduces pressures on household for the wife to earn income. The family wage was never a universal reality in the United States – in many poor families it was always for wives to bring in some income – but for middle class families this was a reality in the 1950s.

- **Cultural and social supports for domesticity.** The sheer fact that being a fulltime mother and housewife was such a common choice added credibility and support to the choice. Women were not isolated as homemakers because most women were homemakers, and this made the task of being a homemaker much easier. Housewives had many neighbors in the same position who could help each other out and validate the choices being made. This was the “normal” way for married women to live their lives, and being statistically normal contributed to this also being normative (viewed as desirable).

- **Cultural sexism.** Sexism as a cultural force also contributing to stabilizing female domesticity. The aphorism that “a woman’s place is in the home” was backed by a wide range of beliefs about women and their competences: women are naturally nurturant and gentle, best suited for the role of mothers and homemakers; they lack the competitive drive and resilience of men needed for successful careers; men need a supportive wife to take care of them and stand behind them; and so on.

This was a real system, a coherent, interconnecting set of social forces that reinforced each other and sustained the pattern of gender relations in which women were very disproportionately housewives and men breadwinners. At its height, this system constituted a kind of self-sustaining equilibrium.

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5 Kathleen Gerson, *Hard Choices*
Beginning in the 1960s and accelerating in the 1970s every one of these elements eroded:

- The decline of permanent stable marriage meant that women could no longer count on the life-long financial support from a husband, so it was important for them to obtain skills and maintain their earning power. Economic dependency became an increasingly risky strategy once divorce rates rose.

- The expansion of work opportunities for women meant that the viability of alternatives to domesticity was increasing, even if these opportunities were still more restricted than those of men. The demand by employers for female labor increased dramatically in the post-WWII period.

- The decline of family wage, especially since early 1970s, meant that there was increasing economic pressures for women to work to sustain family income. This decline in the family wage was partially the result of the rapid decline in the labor movement which had long backed the principle of the family wage, but also of the general deregulation of labor markets that began in the 1970s.

- The cultural supports for the full-time housewife role began to erode in the 1960s. By the 1990s in many communities full-time housewives were a small minority, and as a result women in this role were much more socially isolated and, to some extent, less valued.

- Cultural anti-sexism became an important force beginning in the 1960s. This is reflected in language, in school books, in advertising, in the mass media. The cultural attack on sexism is still partial and incomplete, but it is unprecedented the extent to which images and role models of women in traditionally male roles of all sorts have become commonplace. There are advertisements with female construction workers, TV shows with female police detectives, and publicly visible and powerful female corporate executives and politicians. There is a much weaker development and cultural dissemination of images of men in traditional female roles, but nevertheless the idea that men can effectively and lovingly take care of babies is no longer a strange idea. The fact that in airport men’s restrooms there are now almost always diaper changing stations is a small indicator of this cultural change.

Taken together, these forces mean that the taken-for-granted, self-reinforcing model of female domesticity has collapsed, and with that collapse the interests of women in transforming gender relations have also changed.

*Capacities for challenge*

The change in the interests of many men linked to changing economic conditions contributed to a weakening of male resolve to maintain traditional forms of male domination; the erosion of the culturally dominant model of female domesticity lead many women to see that their interests would be advanced by challenging male domination. The actual transformation of the rules of the game that back gender inequality, however, required collective action and challenge. What eventually came to be known as the “women’s movement” was essential form this. The struggles took many forms: Court cases against specific forms of discrimination against women were brought
by individuals and organizations. Women’s political organizations were established to lobby for legislative change and play an active role in shaping political agendas. The Democratic Party took on equal rights for women as a central policy objective, even if there was uneven enthusiasm for actively pursuing this agenda. Women’s caucuses and networks were formed within professional organizations and academic disciplines to pressure for changes in internal policies and priorities. Women’s Studies programs were established in Universities and there was a proliferation of serious academic journals focused on gender. Sexist language and practices were challenged in public meetings and institutional practices. At times there were significant public protest demonstrations, but more often the challenges took the form of arguments within meetings where institutional decisions were made.

The trajectory of these challenges was by no means smooth. There were major defeats, such as the failure of the Equal Rights Amendment to the U.S. Constitution. Frequently the demands of women were mocked, and feminism as the articulated way of talking about gender relations and male domination, was often caricatured and denounced. Nevertheless, the cumulative effect of these challenges over time has been to fundamentally shift the terms of public discussion over gender. Overt defenders of male domination are on the margins of the public debate with virtually no chance of rolling back the major institutional and legal changes that have occurred. There is also virtually no chance that the major social structural changes around gender inequality will be substantially reversed. The United States is unlikely ever to return to a social pattern of high fertility and large families, with a predominance of stable life-time marriages in which most married women were full-time housewives and women no longer aspired to challenging careers in the public sphere. The issue now is how much further can we go in eliminating the remaining forms of gender inequality, not whether a regime of unequivocal male domination can be reinstated.

IV. Prospects for Further Transformation: remaining critical tasks

In the United States at the beginning of the 21st century, men and women both have complex and sometimes contradictory interests with respect to the problem of pushing forward the frontiers of gender equality. While most women benefit from greater gender equality, there are certainly some women who experience increasing equality as a threat, as imposing costs on them since this would further erode the historic protections of women that accompanied their economic dependency on men. For women who, for whatever reasons, embrace the ideal of life-long female domesticity and really want to be fulltime housewives and mothers, the decline of this cultural ideal and the accompanying social supports for such a life is harmful.

The ways in which many men have something to lose from further advances in gender equality are pretty obvious. There are certainly privileges for men that accompany gender inequality, privileges in the workplace and at home, that are undermined by gender equality: the removal of obstacles to women entering professions and managerial positions means that competition for these jobs increases. Some men, undoubtedly, would have gotten better jobs if women dropped out of the race. If there were true pay equity in the wage structure of jobs, the wages of some men would certainly decline. Because of resource constraints, gender equality in the funding of sports at Universities means a reduction in funding for some traditionally male sports. And if gender equality within the
division of labor in the home were to increase so that men shared equally in the time-
consuming burdens of domestic tasks, then the leisure time of many married men would
decline. But it is also true—and this is a really important point that is often neglected—that in certain important ways men potentially have much to gain from deeper and more
robust forms of gender equality in American life. In a world of real gender equality men would have a richer array of life choices around parenting and work. The dominant
models of masculinity make it difficult for many men to play a full and active role in
caregiving activities within the family. It is very difficult for men to interrupt their
careers to take care of small children. The dominant models of masculinity also promote
intense forms of competitiveness that make many men miserable, working excessively
long hours, losing site of more important things in their lives. Further advances towards
gender equality will potentially involve a significant restructuring of the rules that govern
the relationship between work and family, and this would give both men and women
greater flexibility and balance in their lives. So, while men do have things to lose from a
full realization of the ideal of gender equality, they also have potentially important gains.

In order to move more fully in the direction of gender equality, the key problem
that needs to be solved is transforming gender divisions of labor within the family. As
we have seen, even after the major changes that have occurred in the participation of
women in the labor force, it is still the case that women spend considerably more time
doing domestic labor—housework and childcare—than do men. This is in and of itself a
source of gender inequality insofar as it means that married men have more free time than
married women. While there is no inherent reason why spouses should do exactly the
same things in the household, for the point of view of egalitarian conceptions of fairness,
they should share equally in the burdens of domestic responsibilities and this means that
whatever is the division of labor they should end up with the same amount of free time.
This is not the case in most families.

The inequalities in the gender division of labor, however, have an impact far
beyond simply the specific problem of free time available to men and women within
families. It also deeply affects inequalities in the labor market and employment. The
greater domestic burdens that, on average, married women have compared to married
men act as a significant constraint on the kinds of jobs they can seek in the labor market.
It also affects the attitudes of all employers towards prospective women employees.

It is one thing to demonstrate that the gender division of labor within the family
constitutes one of the central social processes that impede further advances towards
gender equality, and another to do something about this. Public policy can directly
intervene in public forms of gender inequality in all sorts of ways: legal rules against
discrimination, changing in funding formulas for university programs, affirmative action,
etc. But it is basically impossible and undesirable to directly intervene in the domestic
division of labor. The idea of a law mandating equal housework for men and women is
ludicrous, and the vision of a housework police monitoring how couples share tasks is
monstrous. So, if we are to move towards a more equal sharing of the time burdens of

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6 For a wide ranging discussion of the linkage between the gender division of labor within the family and
the broader problem of gender inequality, see Janet Gornick and Marcia Meyers, *Gender Equality:
transforming family divisions of labor*, volume VI in the Real Utopias Project (London and New York:
Verso, 2009).
family life, this will have to occur through indirect means which change the incentives men and women have around these tasks and, perhaps, affect the balance of power of men and women within these domestic relations as they negotiate over domestic responsibilities.

Three policies are particularly relevant here: 1. Pay equity; 2. high quality publicly provided childcare services; 3. egalitarian paid parental leave.

1. Pay equity

There are two different ways of thinking about the problem gender equality in pay within the labor market: equal pay for identical work, or equal pay for equivalent work. The first of these prohibits paying a male and female nursery school teacher with the same seniority and responsibilities different salaries. But it allows for truck drivers and parking attendants to be paid more than nursery school teachers. The second sense of equal pay says that two jobs that have equivalent levels of skills and responsibilities should be paid the same. This is also called the “comparable worth” principle. This is a much more complex problem because it requires that we compare very different kinds of jobs and assess their skill and responsibility characteristics.

Equal pay for equivalent work would go much further in eliminating gender inequality in labor market earnings because it would directly undermine the strong tendency for jobs that are associated with “women’s work” to be less valued than traditionally male jobs. In particular this tendency has underwritten the low wages of various types of caregiving jobs.

There are two potential consequences of paying jobs on the basis of comprehensive comparable beyond simply improving the wages of workers in many traditionally female jobs. First, this is likely in the long run to lead to a decline of sex segregation of occupations. Many more men would eventually want to be daycare workers if these jobs paid as much as being a postal worker or a bus driver. It is not that lower pay is the only reason men stay away from traditionally female jobs, but it is surely one of the reasons. Second, and particularly important for the issue of the division of labor within families, strong forms of comparable worth would go a long way towards equalizing the average earnings of men and women, and this in turn would have an impact on the domestic conditions of negotiation over household tasks. One of the reasons why men do less work in the home is that they earn more in the labor market. This has important symbolic effects, making it seem that their time is more “valuable” than that of their wives. If husbands and wives earned roughly the same, then they would enter into negotiations over housework on more equal footing.

We do not want to oversimplify the complex process by which people navigate the many trade-offs and dimensions of their intimate lives. Much more is in play here than simply the power resources people bring into a relation. Men and women have habits and dispositions which shape their expectations within family relations and emotional vulnerabilities and needs which affect the outcomes of conflicts over housework and childcare. Still, within this complex process, a shift in the external resources a person can bring into the family plays a role, and this is the aspect of the problem that can be affected by public policies over pay equity.
2. Publicly supported high quality childcare services

The second public policy that could have a significant impact on the gender division of labor within families concerns the availability of childcare services, including early infant daycare, preschool programs, and afterschool programs. A fully developed system of such services would include daycare facilities within workplaces, neighborhoods, and schools. In the absence of such services, the responsibility for providing caregiving to children falls entirely on the family, and in practice this generally means mainly on mothers. This undermines the kinds of jobs they can seek and the hours they can work, and makes it much more difficult to move towards an equal sharing of responsibilities within the family.

3. Paid parental leaves

The final policy which would have a potentially important impact on the gender division of labor within the family is paid parental leaves for family caregiving responsibilities. These can be used at the birth of a child or for tending a sick family member. The United States has the most limited legally required provisions for parental leave among all economically developed countries. [Table summarizing paid parental leave requirements in selected countries]. In the US there is no legal right for any paid family caregiving leave, and only two weeks of unpaid leave are required, and even this is only for businesses that employ over 50 workers. [Check the legal stipulations here]. All other countries have provisions for some degree of paid family caregiving leaves. In Sweden, for example, a family is given a year of paid parental leave at the birth of baby. This leave is paid at 90% of salary for the first three months and then 70% of salary for the rest. [Check the details of the leave rules for Sweden]. This year's leave can be divided by mothers and fathers in whatever way they choose. Naturally, as one would expect, the amount of leave taken by mothers is much greater than by fathers. To counter this, the Swedish program added a thirteenth month called the Daddy-month usable only by fathers.

These kinds of requirements of paid family leave make it easier for families to juggle in a more balanced way the demands of paid work and family responsibilities. They do not, however, necessarily do much to change the gender division of labor within families, since when generous paid parental leaves are available, women are much more likely to take advantage of them than are men. Janet Gornick and Marcia Meyers have proposed a different format for these leaves which would encourage greater gender equality in their use. Instead of allocating, as in Sweden, the paid leaves to families, the leaves should be allocated to individual spouses on a “use it or lose it” basis. For example, in the Swedish case this would mean that mothers and fathers would each get allocated six months of paid leave at the birth or adoption of a child. Employers would be required to keep the seniority clock ticking while a leave was being taken so that men (and of course women too) would not feel that they were losing out in their career advancement while on leave. Over time with such individualized leaves it would be expected that men would begin to take leaves more extensively.

These three policies would help to change the environment in which men and women grapple with the difficult issues of transforming gender relations. Ultimately it is in the micro-settings of everyday life where men and women live their lives within gender
relations that deeper forms of egalitarian relations will be forged. This will certainly be a protracted process. Children born at the beginning of the 21st century already live in a dramatically transformed world of gender dynamics than the world of their grandparents. They will bring to the intimate relations they create as adults much more egalitarian expectations about the appropriate roles for men and women than in the past. And with these expectations and, perhaps, greater institutional supports for families, they may also be able to further erode the inequalities linked to gender.