TI-86:

To get all the stats: 2nd → stat→ choose CALC (F1)

One Va (x stat or y stat)

Two Va (x stat, y stat)

Lin R (x stat, y stat)

* get "x stat" & "y stat" from 2nd → List

TI-83 Plus

To enter a list Press the STAT button then go to edit which is the first option then enter the data into the list usually put x in L1, y into L2 after you are done entering the data press the STAT button again & go to 

Calc

Under Calc you will need to scroll all the way down to option # 8 which is LinReg(ax+b) press enter then you need to go to 2nd → L1, 2nd → L2, press enter for the equation of the regression line