

## Mail: How You've Felt This Past Week

Graduate Mail: How You've Felt This Past Week Module

### OVERVIEW

This module asks respondents an array of items relating to how they have felt or behaved in the past week. Items focus specifically on the dimensions of hostility, anger, and anxiety.

### BRIEF VARIABLE DESCRIPTIONS

Ranges reference dataset/codebook order, not necessarily alphabetical.

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|                    |  |
|--------------------|--|
| IU001REC,IU002RER: | Depression Summary (Modified CES-D)  |
| IU003RER-IU022RER: | Depression Specific Items  |
| IU023RER-IU048RER: | Specific Items (Hostility, Anxiety, and Anger)   |
| IU026REC,IU027RE:  | Hostility Summary  |
| IUA33REC,IUB033RE: | Anxiety Summary (Speilberger Anxiety Index)  |
| IUC34REC,IUB034RE: | Anger Summary (Speilberger Anger Index)<br>* IUA34REC was calculated based on incorrect component items, and has been replaced by the corrected version, IUC34REC. |

NOTE: See Cor813 in Appendix A for variable creation details

### **iu001rec: Graduate Respondent's summary score for psychological distress/depression, Modified CES-D.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_:a-t

| Value    | Label                                | Frequencies |        |       |
|----------|--------------------------------------|-------------|--------|-------|
|          |                                      | Male        | Female | Total |
| .        | System missing - NR                  | 1845        | 1626   | 3471  |
| -2       | INAPPROPRIATE<br>INAP, MISSING ITEMS | 91          | 96     | 187   |
| 0 - 3    |                                      | 748         | 737    | 1485  |
| 4 - 8    |                                      | 726         | 729    | 1455  |
| 9 - 14   |                                      | 597         | 740    | 1337  |
| 15 - 25  |                                      | 591         | 767    | 1358  |
| 26 - 119 |                                      | 393         | 631    | 1024  |

Note: Items q1fw\_:d,g,n,p were reverse coded before constructing the summary score. The questions used to calculate IU001REC are the same as those used for the standard CES-D. The scoring method differs. IU001REC is a sum of days R experienced the event. The standard method collapses days into < 1, 1-2, 3-4 and 5-7 and codes those 0 - 3 respectively; then sums those codes resulting in a scores from 0-60. See IU002RE for number of questions answered.

Some respondents answered the first few questions yet did not complete subsequent items. If these respondents answered at least ten questions, then a sum was computed. Other respondents answered questions scattered throughout this section of the questionnaire and left the remainder of the questions blank. It was assumed that these respondents only answered the questions that applied to them. If at least three items of the questions that comprise this scale were answered and all items answered received a nonzero response, then a sum was computed for IU001REC using zero as the score for unanswered questions; these unanswered items were counted as answered items in IU002RE.

### **iu002re: Number of clinical depression questions answered.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_:a-t

| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| 0     |                     | 87          | 89     | 176   |
| 1     |                     | 1           | 0      | 1     |
| 2     |                     | 0           | 1      | 1     |
| 4     |                     | 2           | 2      | 4     |
| 5     |                     | 0           | 1      | 1     |
| 6     |                     | 1           | 1      | 2     |
| 7     |                     | 0           | 1      | 1     |
| 8     |                     | 0           | 1      | 1     |
| 11    |                     | 0           | 1      | 1     |
| 13    |                     | 0           | 3      | 3     |
| 14    |                     | 3           | 1      | 4     |
| 15    |                     | 0           | 1      | 1     |
| 16    |                     | 2           | 6      | 8     |
| 17    |                     | 4           | 10     | 14    |
| 18    |                     | 20          | 51     | 71    |
| 19    |                     | 167         | 250    | 417   |
| 20    |                     | 2859        | 3281   | 6140  |

**iu003rer: On how many days during the past week did you feel you could not shake off the blues even with help from your family and friends?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_a

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 94   | 100    | 194   |
| 0           | Zero Days           | 2750 | 3063   | 5813  |
| 1           | One Day             | 165  | 248    | 413   |
| 2           | Two Days            | 59   | 137    | 196   |
| 3           | Three Days          | 40   | 70     | 110   |
| 4           | Four Days           | 19   | 34     | 53    |
| 5           | Five Days           | 7    | 22     | 29    |
| 6           | Six Days            | 1    | 6      | 7     |
| 7           | Seven Days          | 11   | 20     | 31    |

**iu004rer: On how many days during the past week did you feel bothered by things that usually don't bother you?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_b

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 97   | 108    | 205   |
| 0           | Zero Days           | 2314 | 2543   | 4857  |
| 1           | One Day             | 480  | 636    | 1116  |
| 2           | Two Days            | 167  | 257    | 424   |
| 3           | Three Days          | 45   | 82     | 127   |
| 4           | Four Days           | 14   | 41     | 55    |
| 5           | Five Days           | 9    | 18     | 27    |
| 6           | Six Days            | 6    | 3      | 9     |
| 7           | Seven Days          | 14   | 12     | 26    |

**iu005rer: On how many days during the past week did you think your life had been a failure?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_c

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 96   | 97     | 193   |
| 0           | Zero Days           | 2842 | 3314   | 6156  |
| 1           | One Day             | 118  | 153    | 271   |
| 2           | Two Days            | 43   | 55     | 98    |
| 3           | Three Days          | 21   | 33     | 54    |
| 4           | Four Days           | 11   | 17     | 28    |
| 5           | Five Days           | 4    | 15     | 19    |
| 6           | Six Days            | 2    | 3      | 5     |
| 7           | Seven Days          | 9    | 13     | 22    |

**iu006rer: On how many days during the past week did you feel happy?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_d

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 132  | 145    | 277   |
| 0           | Zero Days           | 68   | 54     | 122   |
| 1           | One Day             | 34   | 56     | 90    |
| 2           | Two Days            | 58   | 86     | 144   |
| 3           | Three Days          | 151  | 132    | 283   |
| 4           | Four Days           | 237  | 285    | 522   |
| 5           | Five Days           | 503  | 626    | 1129  |
| 6           | Six Days            | 614  | 735    | 1349  |
| 7           | Seven Days          | 1349 | 1581   | 2930  |

Note: This variable was reverse coded before it was used in the CESD-I Summary Score.

**iu007rer: On how many days during the past week did you feel that people were unfriendly?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_e

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 108  | 123    | 231   |
| 0           | Zero Days           | 2067 | 2473   | 4540  |
| 1           | One Day             | 612  | 693    | 1305  |
| 2           | Two Days            | 194  | 215    | 409   |
| 3           | Three Days          | 78   | 86     | 164   |
| 4           | Four Days           | 36   | 33     | 69    |
| 5           | Five Days           | 22   | 22     | 44    |
| 6           | Six Days            | 11   | 32     | 43    |
| 7           | Seven Days          | 18   | 23     | 41    |

**iu008rer: On how many days during the past week did you feel lonely?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_f

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 105  | 114    | 219   |
| 0           | Zero Days           | 2374 | 2422   | 4796  |
| 1           | One Day             | 313  | 508    | 821   |
| 2           | Two Days            | 163  | 270    | 433   |
| 3           | Three Days          | 72   | 138    | 210   |
| 4           | Four Days           | 49   | 85     | 134   |
| 5           | Five Days           | 20   | 62     | 82    |
| 6           | Six Days            | 12   | 44     | 56    |
| 7           | Seven Days          | 38   | 57     | 95    |

**iu009rer: On how many days during the past week did you enjoy life?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_g

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 98   | 121    | 219   |
| 0           | Zero Days           | 65   | 74     | 139   |
| 1           | One Day             | 29   | 46     | 75    |
| 2           | Two Days            | 60   | 67     | 127   |
| 3           | Three Days          | 103  | 129    | 232   |
| 4           | Four Days           | 134  | 206    | 340   |
| 5           | Five Days           | 291  | 418    | 709   |
| 6           | Six Days            | 476  | 583    | 1059  |
| 7           | Seven Days          | 1890 | 2056   | 3946  |



Note: This variable was reverse coded before it was used in the CESD-I Summary Score.

**iu010rer: On how many days during the past week did you have crying spells?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_h

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 101  | 110    | 211   |
| 0           | Zero Days           | 2965 | 3127   | 6092  |
| 1           | One Day             | 50   | 265    | 315   |
| 2           | Two Days            | 9    | 83     | 92    |
| 3           | Three Days          | 5    | 46     | 51    |
| 4           | Four Days           | 6    | 25     | 31    |
| 5           | Five Days           | 1    | 19     | 20    |
| 6           | Six Days            | 2    | 8      | 10    |
| 7           | Seven Days          | 7    | 17     | 24    |

**iu011rer: On how many days during the past week did you feel that people disliked you?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_i

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 95   | 111    | 206   |
| 0           | Zero Days           | 2625 | 3029   | 5654  |
| 1           | One Day             | 295  | 354    | 649   |
| 2           | Two Days            | 67   | 94     | 161   |
| 3           | Three Days          | 20   | 52     | 72    |
| 4           | Four Days           | 14   | 16     | 30    |
| 5           | Five Days           | 8    | 15     | 23    |
| 6           | Six Days            | 7    | 10     | 17    |
| 7           | Seven Days          | 15   | 19     | 34    |

**iu012rer: On how many days during the past week did you feel sad?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_j

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 98   | 115    | 213   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2218 | 2090   | 4308  |
| 1           | One Day             | 492  | 846    | 1338  |
| 2           | Two Days            | 178  | 307    | 485   |
| 3           | Three Days          | 83   | 167    | 250   |
| 4           | Four Days           | 30   | 69     | 99    |
| 5           | Five Days           | 15   | 43     | 58    |
| 6           | Six Days            | 9    | 25     | 34    |
| 7           | Seven Days          | 22   | 38     | 60    |

**iu013rer: On how many days during the past week did you feel depressed?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_k

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 97   | 117    | 214   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2476 | 2642   | 5118  |
| 1           | One Day             | 328  | 522    | 850   |
| 2           | Two Days            | 121  | 190    | 311   |
| 3           | Three Days          | 51   | 108    | 159   |
| 4           | Four Days           | 27   | 46     | 73    |
| 5           | Five Days           | 17   | 27     | 44    |
| 6           | Six Days            | 8    | 21     | 29    |
| 7           | Seven Days          | 20   | 27     | 47    |

**iu014rer: On how many days during the past week did you have trouble keeping your mind on what you were doing?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_1

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 93   | 112    | 205   |
| 0           | Zero Days           | 2005 | 2211   | 4216  |
| 1           | One Day             | 515  | 676    | 1191  |
| 2           | Two Days            | 297  | 355    | 652   |
| 3           | Three Days          | 118  | 164    | 282   |
| 4           | Four Days           | 54   | 98     | 152   |
| 5           | Five Days           | 26   | 45     | 71    |
| 6           | Six Days            | 7    | 13     | 20    |
| 7           | Seven Days          | 31   | 26     | 57    |

**iu015rer: On how many days during the past week did you not feel like eating or your appetite was poor?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_m

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 94   | 100    | 194   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2667 | 3128   | 5795  |
| 1           | One Day             | 186  | 182    | 368   |
| 2           | Two Days            | 115  | 130    | 245   |
| 3           | Three Days          | 36   | 74     | 110   |
| 4           | Four Days           | 20   | 40     | 60    |
| 5           | Five Days           | 12   | 23     | 35    |
| 6           | Six Days            | 2    | 5      | 7     |
| 7           | Seven Days          | 13   | 18     | 31    |

**iu016rer: On how many days during the past week did you feel that you were just as good as other people?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_n

| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| -3    | REFUSED             | 126         | 150    | 276   |
| -1    | DON'T KNOW          | 1           | 1      | 2     |
| 0     | Zero Days           | 297         | 334    | 631   |
| 1     | One Day             | 38          | 54     | 92    |
| 2     | Two Days            | 30          | 70     | 100   |
| 3     | Three Days          | 67          | 84     | 151   |
| 4     | Four Days           | 109         | 146    | 255   |
| 5     | Five Days           | 169         | 287    | 456   |
| 6     | Six Days            | 304         | 438    | 742   |
| 7     | Seven Days          | 2005        | 2136   | 4141  |

Note: This variable was reverse coded before it was used in the CESD-I Summary Score.

**iu017rer: On how many days during the past week did you feel that everything you did was an effort?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_o

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 105  | 122    | 227   |
| 0           | Zero Days           | 1914 | 2239   | 4153  |
| 1           | One Day             | 507  | 601    | 1108  |
| 2           | Two Days            | 266  | 309    | 575   |
| 3           | Three Days          | 118  | 153    | 271   |
| 4           | Four Days           | 66   | 93     | 159   |
| 5           | Five Days           | 61   | 73     | 134   |
| 6           | Six Days            | 26   | 40     | 66    |
| 7           | Seven Days          | 83   | 70     | 153   |

**iu018rer: On how many days during the past week did you feel hopeful about the future?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_p



| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| -3    | REFUSED             | 110         | 143    | 253   |
| -1    | DON'T KNOW          | 0           | 1      | 1     |
| 0     | Zero Days           | 209         | 229    | 438   |
| 1     | One Day             | 59          | 70     | 129   |
| 2     | Two Days            | 81          | 108    | 189   |
| 3     | Three Days          | 119         | 155    | 274   |
| 4     | Four Days           | 197         | 233    | 430   |
| 5     | Five Days           | 329         | 436    | 765   |
| 6     | Six Days            | 422         | 569    | 991   |
| 7     | Seven Days          | 1620        | 1756   | 3376  |

Note: This variable was reverse coded before it was used in the CESD-I Summary Score.

**iu019rer: On how many days during the past week did you feel fearful?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q1fw\_q

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 105  | 127    | 232   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2513 | 2632   | 5145  |
| 1           | One Day             | 287  | 449    | 736   |
| 2           | Two Days            | 118  | 219    | 337   |
| 3           | Three Days          | 45   | 109    | 154   |
| 4           | Four Days           | 23   | 62     | 85    |
| 5           | Five Days           | 14   | 41     | 55    |
| 6           | Six Days            | 8    | 21     | 29    |
| 7           | Seven Days          | 32   | 40     | 72    |

**iu020rer: On how many days during the past week did you sleep restlessly?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_r

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 105  | 128    | 233   |
| 0           | Zero Days           | 1468 | 1316   | 2784  |
| 1           | One Day             | 471  | 646    | 1117  |
| 2           | Two Days            | 428  | 546    | 974   |
| 3           | Three Days          | 231  | 374    | 605   |
| 4           | Four Days           | 149  | 216    | 365   |
| 5           | Five Days           | 94   | 201    | 295   |
| 6           | Six Days            | 68   | 106    | 174   |
| 7           | Seven Days          | 132  | 167    | 299   |

**iu021rer: On how many days during the past week did you talk less than usual?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_s

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 100  | 122    | 222   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2213 | 2443   | 4656  |
| 1           | One Day             | 421  | 552    | 973   |
| 2           | Two Days            | 237  | 294    | 531   |
| 3           | Three Days          | 84   | 153    | 237   |
| 4           | Four Days           | 49   | 64     | 113   |
| 5           | Five Days           | 14   | 37     | 51    |
| 6           | Six Days            | 7    | 17     | 24    |
| 7           | Seven Days          | 20   | 18     | 38    |

**iu022rer: On how many days during the past week did you feel you could not 'get going'?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: qlfw\_t

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 108  | 125    | 233   |
| 0           | Zero Days           | 1900 | 1923   | 3823  |
| 1           | One Day             | 542  | 759    | 1301  |
| 2           | Two Days            | 319  | 449    | 768   |
| 3           | Three Days          | 137  | 215    | 352   |
| 4           | Four Days           | 59   | 98     | 157   |
| 5           | Five Days           | 34   | 62     | 96    |
| 6           | Six Days            | 16   | 30     | 46    |
| 7           | Seven Days          | 31   | 39     | 70    |

**iu023rer: On how many days during the past week did you feel irritable, or likely to fight or argue?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_u

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 96   | 106    | 202   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2280 | 2531   | 4811  |
| 1           | One Day             | 481  | 686    | 1167  |
| 2           | Two Days            | 192  | 232    | 424   |
| 3           | Three Days          | 54   | 79     | 133   |
| 4           | Four Days           | 12   | 38     | 50    |
| 5           | Five Days           | 13   | 13     | 26    |
| 6           | Six Days            | 6    | 7      | 13    |
| 7           | Seven Days          | 11   | 8      | 19    |

**iu024rer: On how many days during the past week did you feel like telling someone off?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q1fw\_v

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 95   | 110    | 205   |
| 0           | Zero Days           | 2226 | 2596   | 4822  |
| 1           | One Day             | 514  | 625    | 1139  |
| 2           | Two Days            | 175  | 197    | 372   |
| 3           | Three Days          | 68   | 93     | 161   |
| 4           | Four Days           | 27   | 41     | 68    |
| 5           | Five Days           | 18   | 14     | 32    |
| 6           | Six Days            | 4    | 10     | 14    |
| 7           | Seven Days          | 19   | 14     | 33    |

**iu025rer: On how many days during the past week did you feel angry or hostile for several hours at a time?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q1fw\_w

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 98   | 107    | 205   |
| 0           | Zero Days           | 2613 | 3051   | 5664  |
| 1           | One Day             | 293  | 349    | 642   |
| 2           | Two Days            | 85   | 119    | 204   |
| 3           | Three Days          | 29   | 39     | 68    |
| 4           | Four Days           | 9    | 12     | 21    |
| 5           | Five Days           | 7    | 4      | 11    |
| 6           | Six Days            | 3    | 9      | 12    |
| 7           | Seven Days          | 9    | 10     | 19    |

**iu035rer: On how many days during the past week did you feel calm?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_a



| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 87   | 108    | 195   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 61   | 59     | 120   |
| 1           | One Day             | 25   | 44     | 69    |
| 2           | Two Days            | 65   | 104    | 169   |
| 3           | Three Days          | 123  | 194    | 317   |
| 4           | Four Days           | 172  | 295    | 467   |
| 5           | Five Days           | 370  | 555    | 925   |
| 6           | Six Days            | 604  | 800    | 1404  |
| 7           | Seven Days          | 1638 | 1541   | 3179  |

**iu036rer: On how many days during the past week did you feel furious?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_b

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 78   | 95     | 173   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2552 | 2898   | 5450  |
| 1           | One Day             | 356  | 482    | 838   |
| 2           | Two Days            | 97   | 126    | 223   |
| 3           | Three Days          | 30   | 43     | 73    |
| 4           | Four Days           | 9    | 21     | 30    |
| 5           | Five Days           | 14   | 15     | 29    |
| 6           | Six Days            | 1    | 10     | 11    |
| 7           | Seven Days          | 8    | 10     | 18    |

**iu037rer: On how many days during the past week did you feel tense?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_c

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 82   | 105    | 187   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 1680 | 1631   | 3311  |
| 1           | One Day             | 767  | 989    | 1756  |
| 2           | Two Days            | 349  | 504    | 853   |
| 3           | Three Days          | 130  | 242    | 372   |
| 4           | Four Days           | 48   | 100    | 148   |
| 5           | Five Days           | 37   | 66     | 103   |
| 6           | Six Days            | 19   | 28     | 47    |
| 7           | Seven Days          | 33   | 35     | 68    |

**iu038rer: On how many days during the past week did you feel like  
banging on a table?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q2fw\_d

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 77   | 97     | 174   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2713 | 3252   | 5965  |
| 1           | One Day             | 249  | 220    | 469   |
| 2           | Two Days            | 61   | 71     | 132   |
| 3           | Three Days          | 23   | 21     | 44    |
| 4           | Four Days           | 10   | 15     | 25    |
| 5           | Five Days           | 5    | 11     | 16    |
| 6           | Six Days            | 3    | 8      | 11    |
| 7           | Seven Days          | 4    | 5      | 9     |

**iu039rer: On how many days during the past week did you feel at ease?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_e

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 91   | 130    | 221   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 118  | 149    | 267   |
| 1           | One Day             | 40   | 75     | 115   |
| 2           | Two Days            | 64   | 127    | 191   |
| 3           | Three Days          | 106  | 171    | 277   |
| 4           | Four Days           | 165  | 243    | 408   |
| 5           | Five Days           | 301  | 460    | 761   |
| 6           | Six Days            | 685  | 816    | 1501  |
| 7           | Seven Days          | 1575 | 1529   | 3104  |

**iu040rer: On how many days during the past week did you feel angry?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q2fw\_f

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 85   | 116    | 201   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 1957 | 2149   | 4106  |
| 1           | One Day             | 756  | 1012   | 1768  |
| 2           | Two Days            | 216  | 259    | 475   |
| 3           | Three Days          | 68   | 83     | 151   |
| 4           | Four Days           | 16   | 34     | 50    |
| 5           | Five Days           | 20   | 24     | 44    |
| 6           | Six Days            | 8    | 9      | 17    |
| 7           | Seven Days          | 19   | 14     | 33    |

**iu041rer: On how many days during the past week did you worry over possible misfortune?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_g

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 76   | 101    | 177   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2169 | 2443   | 4612  |
| 1           | One Day             | 468  | 560    | 1028  |
| 2           | Two Days            | 188  | 258    | 446   |
| 3           | Three Days          | 115  | 140    | 255   |
| 4           | Four Days           | 39   | 71     | 110   |
| 5           | Five Days           | 38   | 49     | 87    |
| 6           | Six Days            | 13   | 29     | 42    |
| 7           | Seven Days          | 39   | 49     | 88    |

**iu042rer: On how many days during the past week did you feel like yelling at somebody?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q2fw\_h

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 78   | 106    | 184   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2236 | 2532   | 4768  |
| 1           | One Day             | 547  | 710    | 1257  |
| 2           | Two Days            | 169  | 203    | 372   |
| 3           | Three Days          | 56   | 90     | 146   |
| 4           | Four Days           | 19   | 26     | 45    |
| 5           | Five Days           | 18   | 16     | 34    |
| 6           | Six Days            | 8    | 7      | 15    |
| 7           | Seven Days          | 14   | 10     | 24    |

**iu043rer: On how many days during the past week did you feel nervous?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_i



| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| -3    | REFUSED             | 76          | 108    | 184   |
| -1    | DON'T KNOW          | 1           | 0      | 1     |
| 0     | Zero Days           | 2047        | 2068   | 4115  |
| 1     | One Day             | 537         | 770    | 1307  |
| 2     | Two Days            | 249         | 367    | 616   |
| 3     | Three Days          | 112         | 189    | 301   |
| 4     | Four Days           | 48          | 78     | 126   |
| 5     | Five Days           | 33          | 58     | 91    |
| 6     | Six Days            | 11          | 29     | 40    |
| 7     | Seven Days          | 32          | 33     | 65    |

**iu044rer: On how many days during the past week did you feel like breaking things?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_j

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 70   | 93     | 163   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2967 | 3466   | 6433  |
| 1           | One Day             | 64   | 85     | 149   |
| 2           | Two Days            | 27   | 24     | 51    |
| 3           | Three Days          | 8    | 17     | 25    |
| 4           | Four Days           | 3    | 2      | 5     |
| 5           | Five Days           | 2    | 2      | 4     |
| 6           | Six Days            | 1    | 6      | 7     |
| 7           | Seven Days          | 3    | 5      | 8     |

**iu045rer: On how many days during the past week did you feel jittery?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_k

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 73   | 99     | 172   |
| -1          | DON'T KNOW          | 2    | 0      | 2     |
| 0           | Zero Days           | 2485 | 2806   | 5291  |
| 1           | One Day             | 335  | 427    | 762   |
| 2           | Two Days            | 131  | 175    | 306   |
| 3           | Three Days          | 56   | 83     | 139   |
| 4           | Four Days           | 24   | 44     | 68    |
| 5           | Five Days           | 18   | 32     | 50    |
| 6           | Six Days            | 8    | 15     | 23    |
| 7           | Seven Days          | 14   | 19     | 33    |

**iu046rer: On how many days during the past week did you feel mad?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
Source variables: q2fw\_1

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 78   | 99     | 177   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 2173 | 2495   | 4668  |
| 1           | One Day             | 583  | 746    | 1329  |
| 2           | Two Days            | 182  | 220    | 402   |
| 3           | Three Days          | 67   | 79     | 146   |
| 4           | Four Days           | 22   | 27     | 49    |
| 5           | Five Days           | 18   | 13     | 31    |
| 6           | Six Days            | 7    | 10     | 17    |
| 7           | Seven Days          | 15   | 11     | 26    |

**iu047rer: On how many days during the past week did you feel relaxed?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_m

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 89   | 122    | 211   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 89   | 95     | 184   |
| 1           | One Day             | 41   | 71     | 112   |
| 2           | Two Days            | 77   | 112    | 189   |
| 3           | Three Days          | 122  | 219    | 341   |
| 4           | Four Days           | 203  | 329    | 532   |
| 5           | Five Days           | 375  | 531    | 906   |
| 6           | Six Days            | 704  | 885    | 1589  |
| 7           | Seven Days          | 1445 | 1336   | 2781  |

**iu048rer: On how many days during the past week did you feel irritated?**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail  
 Source variables: q2fw\_n

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| -3          | REFUSED             | 71   | 97     | 168   |
| -1          | DON'T KNOW          | 1    | 0      | 1     |
| 0           | Zero Days           | 1688 | 1758   | 3446  |
| 1           | One Day             | 847  | 1127   | 1974  |
| 2           | Two Days            | 304  | 435    | 739   |
| 3           | Three Days          | 115  | 150    | 265   |
| 4           | Four Days           | 46   | 58     | 104   |
| 5           | Five Days           | 32   | 43     | 75    |
| 6           | Six Days            | 13   | 14     | 27    |
| 7           | Seven Days          | 29   | 18     | 47    |

### **iu026rec: Summary Score for Hostility Index**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q1fw\_u, v, w

| Frequencies |   |      |        |       |
|-------------|---|------|--------|-------|
| Value       | Label                                     | Male | Female | Total |
| .           | System missing - NR                       | 1845 | 1626   | 3471  |
| -2          | Inappropriate<br>INAP, < 2 ITEMS ANSWERED | 94   | 103    | 197   |
| 0           |   | 1896 | 2157   | 4053  |
| 1 - 2       |   | 697  | 861    | 1558  |
| 3 - 21      |   | 459  | 579    | 1038  |

Note: Constructed from variables IU023RER-IU025RER. If the respondent answered at least two items, a summary score was computed; otherwise, the variable was coded as inappropriate. The level of hostility can range from 0 (the lowest possible) to 21 (the highest possible). See IU027RE for number of items with valid responses.

### **iu027re: Number of hostility items answered.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q1fw\_:u, v, w

| Frequencies |                     |      |        |       |
|-------------|---------------------|------|--------|-------|
| Value       | Label               | Male | Female | Total |
| .           | System missing - NR | 1845 | 1626   | 3471  |
| 0           |                     | 92   | 99     | 191   |
| 1           |                     | 2    | 4      | 6     |
| 2           |                     | 10   | 18     | 28    |
| 3           |                     | 3042 | 3579   | 6621  |

Note: Data derived from variables IU023RER-IU025RER.

### **iua33rec: Summary Score for Spielberger anxiety index.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q2fw\_:a, c, e, g, i, k, m

Revisions: Updated 07/07

| Frequencies |   |      |        |       |
|-------------|---|------|--------|-------|
| Value       | Label                                     | Male | Female | Total |
| .           | System missing - NR                       | 1845 | 1626   | 3471  |
| -2          | Inappropriate<br>INAP, < 5 ITEMS ANSWERED | 72   | 98     | 170   |
| 0           |   | 859  | 736    | 1595  |
| 1 - 3       |   | 652  | 701    | 1353  |
| 4 - 7       |   | 678  | 828    | 1506  |
| 8 - 15      |   | 572  | 829    | 1401  |
| 16 - 49     |   | 313  | 508    | 821   |

Note: Constructed from variables IU035RER, IU037RER, IU039RER, IU041RER, IU043RER, IU045RER, and IU047RER. If the respondent answered at least five items, a summary score was computed. See IUB033RE for number of items with valid responses. Items q2fw\_:a,e,m were reverse coded before creating the summary score.

### **iub033re: Number of Speilberger anxiety items answered.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q2fw\_:a, c, e, g, i, k, m

| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| 0     |                     | 67          | 82     | 149   |
| 1     |                     | 1           | 6      | 7     |
| 2     |                     | 1           | 2      | 3     |
| 3     |                     | 2           | 2      | 4     |
| 4     |                     | 1           | 6      | 7     |
| 5     |                     | 8           | 11     | 19    |
| 6     |                     | 75          | 105    | 180   |
| 7     |                     | 2991        | 3486   | 6477  |

Note: Data derived from variables IU035RER, IU037RER, IU039RER, IU041RER, IU043RER, IU045RER, and IU047RER.

### **iuc34rec: Summary Score for Speilberger anger index.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q2fw\_:b, d, f, h, j, l, n

Revisions: Created 03/2014, replacing IUA34REC



| Value  | Label                                     | Frequencies |        |       |
|--------|---|-------------|--------|-------|
|        |   | Male        | Female | Total |
| .      | System missing - NR                       | 1845        | 1626   | 3471  |
| -2     | Inappropriate<br>INAP, < 5 ITEMS ANSWERED | 71          | 92     | 163   |
| 0      |   | 1405        | 1442   | 2847  |
| 1 - 2  |   | 586         | 781    | 1367  |
| 3 - 5  |   | 587         | 771    | 1358  |
| 6 - 49 |   | 497         | 614    | 1111  |

Note: Constructed from variables IU036RER, IU038RER, IU040RER, IU042RER, IU044RER, IU046RER, and IU048RER. If the respondent answered at least five items, a summary score was computed. See IUB034RE for number of items with valid responses.

IUC34REC is a replacement for IUA34REC, a previous version of the summary score for Spielberger Anger Index. IU047RER from the Spielberger Anxiety Index, instead of the IU048RER from the Anger Index, is included in the calculation of IUA34REC. Because of the use of incorrect component items, IUA34REC has been archived and should not be used as the summary score for Spielberger Anger Index.

### **iub034re: Number of Spielberger anger items answered.**

Data source: Graduate Respondent    Collected in: 2004    Mode: mail

Source variables: q1fw\_:b, d, f, h, j, l, n

| Value | Label               | Frequencies |        |       |
|-------|---------------------|-------------|--------|-------|
|       |                     | Male        | Female | Total |
| .     | System missing - NR | 1845        | 1626   | 3471  |
| 0     |                     | 70          | 83     | 153   |
| 1     |                     | 0           | 3      | 3     |
| 2     |                     | 1           | 3      | 4     |
| 3     |                     | 0           | 2      | 2     |
| 4     |                     | 0           | 1      | 1     |
| 5     |                     | 3           | 4      | 7     |
| 6     |                     | 43          | 70     | 113   |
| 7     |                     | 3029        | 3534   | 6563  |

Note: Data derived from variables IU036RER, IU038RER, IU040RER, IU042RER, IU044RER, IU046RER, and IU048RER.

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