

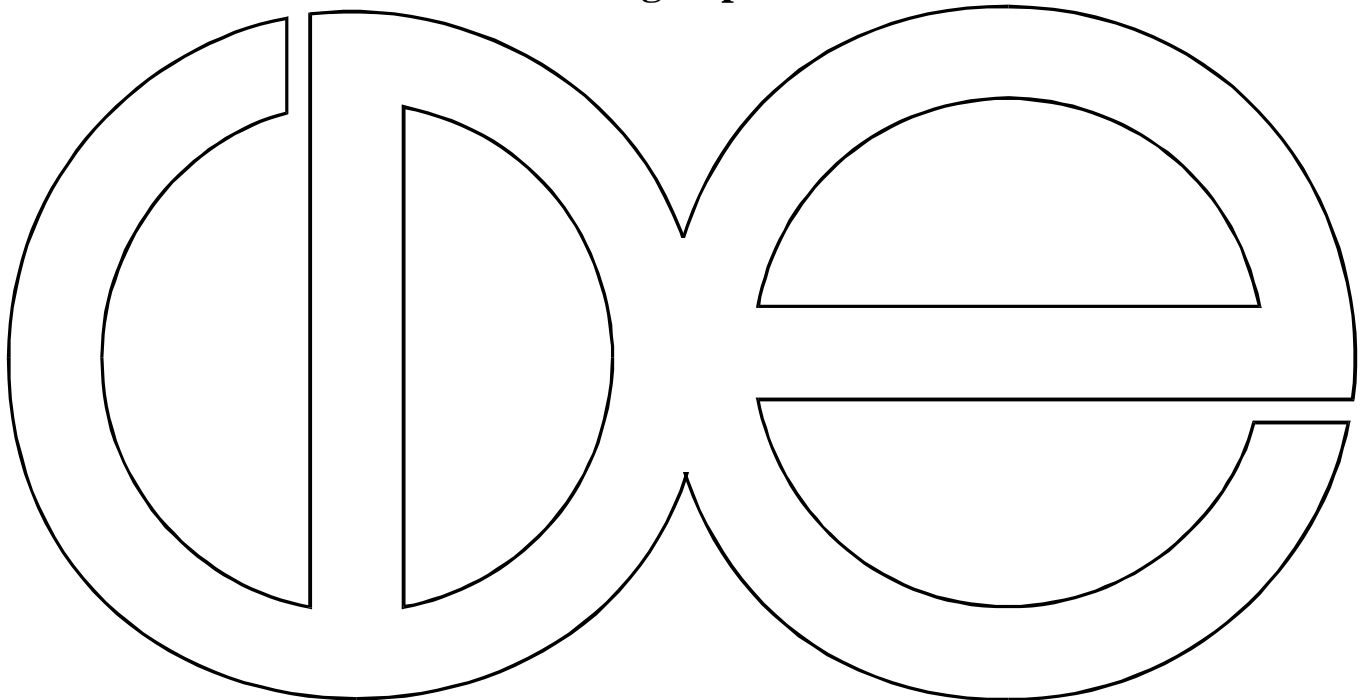
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**Social Class Indicators and Health at Midlife**

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## **Social Class Indicators and Health at Midlife**

### *Abstract*

There are several competing schemes for the measurement of social and economic standing in studies of health and well-being. We address the predictive validity of several alternative measures of social class and socioeconomic standing in relation to an array of health outcomes in the Wisconsin Longitudinal Study. The WLS has successfully followed a large cohort of Wisconsin high school graduates from 1957 to 1992-93, when they were 53 or 54 years old. We find that occupational education has modest relationships with self-reported general health and that it dominates other occupation-based measures, at least among men. Social class, as specified by Wright or by Erikson and Golthorpe, bears little relation to this health measure. None of the occupation-based measures adds to the effects on self-reported general health of either educational attainment or the combination of education with personal income.

Within the past few years, there has been renewed interest in socioeconomic status and its relationship with health and well-being (Kaplan and Lynch 1997; Moss 1997; Krieger, et al. 1997). Sources of this interest probably include rising economic inequality in the United States and demands for improved social reporting of SES-health relationships, along with evidence of the persistence or growth of differential health outcomes (Marmot, et al. 1997). Prompted by these developments, we have investigated the measurement of occupational standing and social class in studies of health and well-being. Specifically, we have used a unique set of data on Wisconsin high school graduates at midlife to compare the relationships between several alternative measures of occupational standing or social class and a widely-used item on self-reported health. Our goal is to help specify the most appropriate measures of socioeconomic status to use in studying differentials in health.

The plan of the paper is as follows. We briefly review commonly used socioeconomic measures, focusing on occupation-related measures including prestige, socioeconomic status, and social class. Then, we consider alternative measures of health and well-being. While there are numerous possibilities, we focus here on a single measure, self-reported general health. We estimate the overall relationships between that health measure and several occupation-based measures in the Wisconsin Longitudinal Study (WLS). The WLS has both strengths and weaknesses for a study of this kind, and we review them before continuing with the analysis. Next, we ask whether one occupational standing or social class variable dominates the others. That is, we ask whether each measure adds anything to predictions of the general health item when the others are controlled. Last, we ask whether any of the occupation or social class measures adds to predictions of the general health item when educational attainment or personal income has been controlled.

## *Socioeconomic Concepts and Measures in Health Research*

Socioeconomic status is typically used as a shorthand expression for variables that characterize the placement of persons, families, households, census tracts, or other aggregates with respect to the capacity to create or consume goods that are valued in our society. Thus, socioeconomic status may be indicated by educational attainment, by occupational standing, by social class, by income (or poverty), by wealth, by tangible possessions—such as home appliances or libraries, houses, cars, boats, or by degrees from elite colleges and universities. At some times, it has also been taken to include measures of participation in social, cultural, or political life.<sup>2</sup>

In sociological and epidemiological studies of health and well-being, socioeconomic status is usually represented by one or more of (a) educational attainment, (b) economic resources, typically measured by annual income, and (c) occupational status or prestige. Studies often employ only one of these three SES variables. This procedure rests on two implicit assumptions: All three measures index the same underlying property, and none carries much information, independent of the others. However, while there are substantial correlations among education, occupation, and income, it is well established that each also has unique antecedents and consequences (Sewell and Hauser 1975). Thus, each variable has different theoretical properties and may have unique strengths and weaknesses for investigations of health outcomes. In this context, a key issue is variation in the causal relationship between health and SES: Does socioeconomic status affect health? Or does health affect socioeconomic status? Or are observed

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<sup>2</sup> Whether socioeconomic status is merely a convenient shorthand expression for variables like these, or whether such variables, taken collectively, behave as if they formed a unitary construct is a matter of continuing study and discussion.

relationships between socioeconomic status and health brought about by other, possibly unobserved variables?

The strengths of education as a socioeconomic measure include the fact that it is easy to measure in social surveys and that it applies to people who are not in the labor force. In addition, health problems in middle and late adulthood cannot affect years of education, which are typically completed early in the life course. Thus, excepting the possibility of common causation, associations between education and adult health outcomes represent effects of SES on adult health, and not *vice-versa*. Clear, unidirectional interpretations of SES/health associations are usually not possible with income and occupational status measures, which may be negatively affected by impaired health, and thus reflect reciprocal causation.

At the same time, educational attainment has two potential disadvantages as an indicator of socioeconomic status in studies of health and well-being. First, its imperviousness to health problems in middle and late adulthood may also serve as a disadvantage if the research question under investigation concerns the effects of adult health changes on SES. Second, educational levels may have different meanings across historical time, especially in light of the vast increase in educational attainment across cohorts in the 20<sup>th</sup> century (National Center for Education Statistics 1995). In short, a college degree was much rarer and, consequently, signified *relatively* higher status 50 years ago than it does today, and may have different health consequences. Analyses based on cross-sections of the population that include a wide range of ages, therefore, should consider the potentially different health “returns” on education across birth cohorts. This

potential bias, however, does not affect analyses that are based on a single birth cohort, such as the present study.<sup>3</sup>

The second socioeconomic indicator, income from work, may and often does vary greatly from year to year, and thus it may be affected by health changes in middle and late adulthood. Indeed, recent economic analyses suggests that a large part of the association between income and health problems in late adulthood results from effects of health on income (Smith and Kington 1997a; Smith and Kington 1997b). Three characteristics of income affect its use in studies of SES and health. First, survey members are often reluctant to provide information on their income, and many refuse outright to disclose this information; even willing respondents often do not know or neglect to report some components of their incomes. Second, the relationship between income and health does not appear to be linear, as small changes in income are associated with much larger changes in health among poor as compared to wealthy families (Backlund, et al. 1996; Kitagawa and Hauser 1973). Finally, the association between income and health outcomes represents both the effect of income on health and the effects of health on income, which introduces difficulties both in estimating and interpreting the income-health relationship.

The third socioeconomic measure is occupational standing, which is either employed in research as a distinct indicator or else combined with other information to form an omnibus measure of social class. Like income, occupation may be both cause and consequence of health and well-being. Unlike income, survey respondents rarely refuse to report or describe their occupations, and retrospective data on occupations are not markedly poorer in quality than

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<sup>3</sup> Moreover, the validity of this relative interpretation of educational attainment is open to question.

contemporaneous data. However, detailed collection and classification of occupational data is time-consuming and expensive (Hauser and Warren 1997).

Unlike educational attainment and income, which are usually conceptualized in a straightforward manner,<sup>4</sup> a proliferation of alternative occupational and class measures has been used in sociological and epidemiological research. Measures evaluated in this study that are based solely on a subject's occupation are the occupational prestige scales developed by Siegel (1971), the Duncan SEI - socioeconomic index for occupations (Duncan 1961), Blau and Duncan's (1967) 17-category classification of occupation, industry, and class-of-worker (Group II), and recent measures of occupational education and occupational income developed by Hauser and Warren (1997).<sup>5</sup> Social class measures that we evaluate in this study include Erik Olin Wright's measure of social class (Wright 1997), as well as Robert Erikson and John Goldthorpe's social class schema (Erikson and Goldthorpe 1992).

The foregoing are not the only occupational and social class measures that are currently used in research, although they are some of the more popular ones. Other occupational measures not evaluated in this study include the British Registrar General's Scale (Marmot, et al. 1987), Nakao and Treas' measure of occupational socioeconomic status (Nakao and Treas 1994),<sup>6</sup> the

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<sup>4</sup> To be sure, there are alternative ways of reporting educational attainment, e.g., in years of school attended or completed or in terms of educational credentials. Likewise, income reports and the properties of those reports vary with the choice of sources and reporting periods, and some studies attempt to specify permanent income or wealth. Moreover, income is sometimes specified relative to "needs," where the latter variable is determined by the official poverty level.

<sup>5</sup> Hauser and Warren (1997) have reviewed measures of occupational standing based on the U.S. Census classifications of occupation and industry from 1950 through 1990.

<sup>6</sup> However, there is reason to believe that the Nakao-Treas index will behave similarly to the Duncan SEI or to occupational education (Warren, et al. forthcoming).

Hollingshead Index of Social Position (Hollingshead 1957), the Nam-Powers socioeconomic status scores (Nam and Powers 1983), and the Warner index of status characteristics (Miller 1991).

In general, occupation-based measures have two primary disadvantages that we address in this study. First, the wide array of measures available is somewhat bewildering, and few studies have compared and contrasted their potentially different relations to health (see Liberatos, Link, and Kelsey (1988) for an exception). Few studies compare the relationship of the same health measure to different occupational measures within a single body of data,<sup>7</sup> and effects of various occupational measures are difficult to compare across studies that employ different samples and address different health outcomes. As a result, the extent to which different occupation-based status measures influence study conclusions is unknown. Researchers deciding between alternative measures to include in their surveys are often forced to rely on intuition, convenience, or tradition, rather than scientific evidence. In this study we take initial steps to document differences between occupation-based SES measures by directly comparing several occupational indicators in relation to the same health outcome.

A second, related, issue concerns the overall utility of occupation-based SES measures in studies of health and can be summarized by the question: do occupational measures contribute any information above and beyond measures of individual education and income? This question takes on particular importance considering that occupational measures are often expensive to include in health surveys because they require several questions, and the responses must be coded by trained personnel. The issue of whether occupational measures warrant the time and money they require

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<sup>7</sup> However, one recent effort is Gregorio, Walsh, and Paturzo (1997).

is further highlighted by the fact that most occupational measures were not specifically designed for health studies,<sup>8</sup> but, rather, were developed by government agencies or by sociologists with a more general interest in social stratification. The association of occupational measures with health, net of individual education and income, remains an open question because it was not assessed during the development of most occupational measures, and has not been examined in detail.

Wright's (1997) measure of social class is a particularly noteworthy example of an occupational measure that warrants more empirical investigation. Wright's index is rigorously derived from Marxist theory and consists of 12 categories, such as "capitalist" and "non-skilled workers," that seem intuitively plausible as a powerful classification of class structure. In fact, in their recent review article, Krieger, Williams and Moss (1997) suggest that U.S. Vital Statistics should incorporate a measure of social class, and highlight Wright's measure as a candidate index. However, their recommendation comes despite the fact that almost nothing is known about the measure's association with health or well-being.<sup>9</sup> While the theoretical clarity of the Wright measure is certainly appealing, research is needed to determine the utility of this measure. That is, we need to estimate the relationship of Wright's measure with health and well-being and, also, to determine whether it contributes any more to our understanding of health than simpler measures

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<sup>8</sup> However, the Duncan SEI, which has gained wide use in studies of social mobility, was originally developed for use in mortality analysis.

<sup>9</sup> For a similar proposal, see Krieger and Fee (1994). One of Krieger, Williams, and Moss's contributions is to suggest socioeconomic measures at the neighborhood level, as well as for individuals and households, but their proposed measure of neighborhood social class is simply an aggregate of employment in eight Census major occupation groups, which has no clear connection with Wright's class concept (1997:355).

of income, education, or occupation. While we know of no specific claims on behalf of the Erikson-Goldthorpe class scheme in health research, its frequent use as an alternative to Wright's class scheme suggests the value of evaluating its validity in the same way.

### *The Wisconsin Longitudinal Study*

The data for this investigation come from the Wisconsin Longitudinal Study (WLS), which is based on a random sample of 10,317 men and women who graduated from Wisconsin high schools in 1957. Almost all sample members were born in 1939. The survey has collected data from the original respondents in 1964, 1975, and 1992-93 (Sewell and Hauser 1992). The analysis in this study is based on the 1992-93 wave of data collection, which includes 8,500 telephone interviews of 9,750 surviving men and women and a subset of approximately 6,900 men and women who completed a mail survey that included a section on health outcomes. Most respondents were 53 or 54 years old during the last wave of data collection.

In the 1992-93 WLS surveys, we updated our measurements of marital status, child-rearing, education, labor force participation, jobs and occupations, social participation, and future aspirations and plans among the Wisconsin graduates (Hauser, et al. 1992; Hauser, et al. 1994). In addition, we expanded the content of earlier follow-ups to include psychological well-being, mental and physical health, wealth, household economic transfers, and social comparison and exchange relationships with parents, siblings, and children. We weighed our previous concepts and methods, which resemble those of the Current Population Survey (CPS) and the 1973 Occupational Changes in a Generation Survey (OCG), against comparability with other well-designed surveys, e.g., the Health and Retirement Survey (HRS), the National Survey of Families and Households (NSFH), NIH surveys of work and psychological functioning, and the NORC

General Social Survey (GSS). We also coordinated our design with members of the MacArthur Foundation Research Network on Successful Midlife Development, with the Whitehall II study (Marmot, et al. 1991), and with M.E.J. Wadsworth's (1991) longitudinal study of persons born in Great Britain in 1946.

Among Americans aged 50 to 54 in 1990 and 1991, approximately 66 percent are non-Hispanic white women and men who completed at least 12 years of schooling (Kominski and Adams 1992) and thus resemble the WLS cohort. The WLS cohort precedes by about a decade the bulk of the baby boom generation that continues to tax social institutions and resources at each stage of life. For this reason, the study can provide early indications of trends and problems that will become important as the larger group passes through its fifties. In addition, the WLS is the first of the large, longitudinal studies of American adolescents, and it thus provides the first large-scale opportunity to study the life course from late adolescence through the mid-50s in the context of a full record of ability, aspiration, and achievement.<sup>10</sup>

The WLS data also have obvious limitations. Some strata of American society are not represented. Everyone in the primary sample graduated from high school. Sewell and Hauser (1975:207-15) estimated that about 75 percent of Wisconsin youth graduated from high schools in the late 1950s. There are only a handful of African American, Hispanic, or Asian persons in the WLS. Given the minuscule share of minorities in Wisconsin when the WLS began, there is no way to remedy this omission. About 19 percent of the WLS sample is of farm origin; this is consistent with national estimates in cohorts of the late 1930s. In 1964, in 1975, and again in

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<sup>10</sup> There have, of course, been important and influential longer-term studies of the life-course in the U.S. These reflect careful and insightful work, but they are based on small, local, or highly selected samples (Terman and Oden 1959; Elder 1974; Clausen 1993).

1992, 70 percent of the sample lived in Wisconsin, but 30 percent lived elsewhere in the U.S. or abroad.

The WLS has both strengths and weaknesses as a vehicle for studies of socioeconomic differentials in health. Its strengths include a large sample size, coverage of both women and men, and careful measurement of several relevant socioeconomic constructs. Moreover, the age of the sample is appropriate, for prior studies have found that socioeconomic differentials in health become more pronounced at midlife (House, et al. 1990; House, et al. 1994). Weaknesses of the WLS include the restriction of the sample to high school graduates, the omission of minorities, and the limited regional origin of the sample. We would especially discourage any generalization of the present findings to persons with less than a high school diploma or to minority populations.

#### *Measures of Occupational Standing and Social Class*

Descriptive statistics of the occupational standing measures examined in this study appear in Table 1, and are based on the 1970 Census Occupational Classification. The first measure we examine is occupational prestige (Siegel 1971). Prestige is a concept that may measure either a relationship of deference or derogation between role incumbents, or the general desirability or goodness of an occupation. Siegel's prestige measures for 1970 Census occupation categories are based on a series of surveys carried out by the National Opinion Research Center in the mid-1960s. Survey respondents were asked to rate occupation titles on a nine-point scale of general social standing. While the exact theoretical meaning of the prestige concept is debated heatedly in the sociological literature, there is consensus that it is a statistically robust measure. Prestige ratings show little variation regardless of how people are asked to rate occupations (Kraus, et al. 1978), whether occupations are rated by men or women (Bose and Rossi 1983), the race of raters

(Siegel 1970), the historical period in which ratings were obtained (Hodge, et al. 1964; Nakao and Treas 1994; Hauser 1982), or raters' location in the social hierarchy within industrialized nations and most of the non-industrialized world (Treiman 1977; Haller and Bills 1979).

The second occupational measure we investigate is the Duncan socioeconomic index (SEI) of occupations (Duncan 1961), a measure that was originally developed as a proxy for occupational prestige. Early prestige surveys did not include a comprehensive list of occupation titles, and the procedure Duncan used to impute scores for unrated occupations is the model for later socioeconomic indexes. In brief, for 45 occupations rated in a 1947 NORC prestige survey, which could be matched to titles in the 1950 Census, Duncan took the percentages of “good” or “excellent” ratings that they received on a five-point scale and regressed them on the two factors of (a) occupational education, as measured by the percentage of male occupational incumbents who had completed high school or more and (b) occupational income, as measured by the percentage of male incumbents who reported incomes of \$3500 or more in 1949.<sup>11</sup> The estimated regression coefficients from this analysis were used to compute socioeconomic scores for all occupations. That is, the Duncan SEI is a weighted index of the occupational education and occupational income of men in the 1950 Census; it is not a measure of occupational prestige.<sup>12</sup>

In the present study we use an update of the Duncan index for 1970 Census occupational titles (Hauser and Featherman 1977).<sup>13</sup> In general, prestige and SEI measures are highly

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<sup>11</sup> The Census characteristics were age-standardized, but that had little influence on the findings.

<sup>12</sup> For further discussion of this point, see Hauser and Warren (1997:190-198).

<sup>13</sup> There are minor errors in the Duncan SEI scores reported by Hauser and Featherman (1977:319-329), and a corrected listing is available from the authors.

correlated, but the higher criterion validity of the Duncan SEI (and similar measures) has led to their greater acceptance and use in the sociological literature (Featherman and Hauser 1976; Hauser and Warren 1997; Warren, et al. forthcoming).

The final two scalar measures of occupational standing we examine in this study are occupational education and occupational income, which correspond to the two components of the Duncan SEI. Recent analyses of socioeconomic mobility support the surprising conclusion that occupational education alone serves as a more powerful indicator of socioeconomic standing than occupational income, occupational prestige, or occupational SEI (Hauser and Warren 1997; Hauser 1998). In this study we ask whether this same finding holds in analyses of health. Hauser and Warren (1997) used occupational data from the 1990 Census, but because occupational data in the WLS are currently available in the 1970 Census classification, we used corresponding data from the 1970 Census. Occupational education is the percentage of an occupation's incumbents who had one or more years of college education in the 1970 census, and occupational income is the percentage of an occupation's incumbents who earned \$10,000 or more in the year preceding the 1970 census.<sup>14</sup> Following Hauser and Warren (1997:204), we re-expressed each percentage using a started logit transformation:

$$\ln\left(\frac{y_i + 1}{100 - y_i + 1}\right)$$

where  $y_i$  is the percentage of workers above the threshold.

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<sup>14</sup> We thank John Robert Warren for extracting these occupational characteristics from a special tabulation of 1970 Census data, which was originally prepared for Charles Nam and Mary Powers. The data are available from the authors.

Table 2 gives the Group II occupation distributions of the WLS sample by sex and by completion of the health mailback survey. These show the expected high concentration of male and female WLS graduates in professional and salaried managerial occupations, as well as a concentration of female graduates in clerical work.

Note that, in Table 1, each measure of occupational standing has a slightly higher mean among respondents to the health mailback survey than among all telephone respondents. Also, in Table 2, there is a slight upward shift in the Group II occupation distributions among health survey respondents relative to all respondents.<sup>15</sup> We do not believe that these small differences could affect the validity of our analyses in any important way.

Descriptive statistics for the Wright and Erikson-Goldthorpe social class measures are given in Table 3. These omnibus measures of social class differ from occupational standing measures because they require specific information about supervisory or managerial activity or size of establishment; these questions were asked of a random half-sample of the Wisconsin Longitudinal Study in the 1992-93 telephone interviews. Wright's (1997:74-90) classification uses information about self-employment, number of employees, authority (based on managerial and supervisory responsibilities), and expertise (based on intermediate occupation categories). With this information Wright provides three alternative guidelines to classify workers using either "expansive," "intermediary," or "restrictive" criteria, and the findings in Table 3 reflect the use of "intermediary" criteria. For the total sample the percentage distributions indicate that the social class distribution of WLS respondents is slightly higher than in national samples. This reflects the

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<sup>15</sup> There are actually two differences between the health subsample and all graduate respondents: response to the health survey and availability of complete information for all of the occupation or class measures.

facts that the WLS sample does not include high school dropouts and that the social class assessment of the WLS graduates occurred when they were aged 53-54, a life stage when occupational authority and expertise peaks.

Table 3 also shows descriptive statistics for an alternative measure of social class developed by Erikson and Goldthorpe (1992:35-47). Like Wright's classification, the Erikson-Goldthorpe schema uses information on occupation, self-employment, number of employees, and supervisory status, and the full set of questions to measure these concepts was asked only of a random half-sample of the WLS. While occupation and self-employment are operationalized in a relatively straightforward manner, guidelines for the measurement of supervisory status are less clear. In this study we rely on respondents' self-reported supervisory status and the number of employees in their work organization. Study members with (a) no supervisory status are those who have no co-workers and/or report that they are in a "non-management/non-supervisory" position in their work organization, those with (b) moderate supervisory status are respondents who report a "supervisory" or "managerial" position in a work organization with one to nine employees or a "supervisory" position in an organization with 10 or more employees, and those with (c) high supervisory status are respondents who report a "managerial" position in a work organization with 10 or more employees. As with the Wright measure, results using the Erikson-Goldthorpe typology indicate that the social class standing of WLS respondents is higher than the national average (Erikson and Goldthorpe 1987).

### *Measures of Health*

The aim of the overall project is to carry out parallel analyses of three health outcomes: self-reported health, functional limitations, and depressive symptoms; the present analyses focus

solely on self-reported health. In the WLS mail survey, it is gauged by the simple and economical question “How would you rate your health at the present time?” to which respondents could respond “very poor,” “poor,” “fair,” “good,” or “excellent.” A recent review shows that self-reported health is an independent predictor of mortality (Idler and Benyamini 1997), and to the extent that it is related to SES, it is therefore a key link between social status and the individual. The analyses that follow predict reports of “good” or “excellent” health in the WLS mail survey. These top two categories include 88.4 percent of WLS graduates (88.2 percent of men, and 88.6 percent of women).

#### *Overall Relation Between SES Measures and Self-Reported Health*

Throughout the analysis, we have evaluated estimated effects in two ways. First, we provide the usual measures of statistical significance. Second, we have used the Bayesian Information Criterion (BIC), suggested by Raftery (1995). BIC is a penalized chi-square statistic, where the penalty is the product of the degrees of freedom and the natural log of the sample size ( $BIC = L^2 - df \times \ln(N)$ ). Positive values of BIC suggest that there is evidence favoring the model; values of BIC larger than 10 suggest that there is very strong evidence in favor of the model. Basically, the use of BIC compensates for two facts: that many of our estimates are based on large enough samples to produce trivial, but nominally significant findings, and that some of our occupation and class variables have many categories.

The five separate measures of occupational standing and their association with self-reported health appear in Table 4. Overall, the measures act in the predicted direction and indicate that self-reported health problems are less prevalent in the higher socioeconomic strata. For men, all models but one show that the relationship is statistically significant and yield high

values of BIC. The exception is the model employing the 1970 Group II classification, which is nominally significant, but has a large negative value of BIC. That is, the Group II classification uses too many degrees of freedom, relative to its explanatory power. For women, in contrast, while the slopes of the health on the scalar occupational status measures are each nominally significant, none of the associations is strong enough to yield a substantial positive value of BIC. Similarly, while the Group II classification yields nominally significant differences in women's general health, as for men, the value of BIC is large and negative.

The associations between self-reported health and the widely used measures of occupational prestige and occupational SEI are worth comparing in light of typical findings in the socioeconomic attainment literature. First, models using the Duncan SEI fit about as well as those using the Siegel prestige measure, both among women and among men. This differs from the usual finding in attainment research, where prestige has lower predictive validity. Second, both occupational standing measures have a better model fit for men than women. For both measures, the  $\chi^2$  statistic of the men's model is more than twice as large as it is for women, even though the analysis of men is based on a smaller sample size. The difference in model fit is further highlighted using BIC. In both models for men the BIC is much higher than 6.00 – the cutoff for a “strong” association – while for women it is small or negative, suggesting a poor fit with the data. Put simply, the slope of general health on these two measures of own occupational standing is about 50 percent greater for men than for women.

The association between self-reported health and both occupational education and occupational income appears in the third and fourth models in Table 4, and they are also consistent with the literature on socioeconomic status. As with occupational prestige and SEI,

these measures show a stronger association for men than women, and the difference is even larger in the case of occupational income than for the other two measures.<sup>16</sup> Consistent with recent research in socioeconomic attainment, the analysis also suggests that occupational education is the key component of occupational socioeconomic status. For both men and women occupational education has the best model fit, judging by the  $\chi^2$  and BIC statistics. Among women, occupational education is an especially important measure because it is the only one with a large enough BIC statistic to indicate a moderately good model fit.

Finally, the analyses for both men and women suggest that occupational education may serve as a better measure of SES, considered separately, than is the Duncan SEI, which combines information from the 1950 Census about occupational education and occupational income. For men, both occupational education and occupational income have better model fits when considered separately than does the Duncan SEI. For women, the occupational income measure has a negative BIC statistic, suggesting that a composite SEI measure may actually have less statistical power than occupational education alone.<sup>17</sup> The association between the 1970 Census Group II classification and self-reported health appears as the fifth model in Table 4, and shows a typical socioeconomic gradient for men, but the effects for women are quite irregular.

The two measures of social class standing and their relation to self-reported health appear in Table 5. The Wright measure of social class is not significantly related to self-reported general health for either men or women. That is, the  $\chi^2$  statistics are barely larger than their degrees of

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<sup>16</sup> In fact, only in the case of occupational income is the gender difference in slopes statistically significant beyond the 0.05 level.

<sup>17</sup> Tables 6 and 7 provide additional, direct evidence about this issue.

freedom. We also examined two other operationalizations of the measure suggested by Wright (1997, p.82), based on “restrictive” and “expansive” criteria (results not shown in Table 5), and they also yielded a nonsignificant overall model fit.<sup>18</sup> Our examination of the estimates from the Wright model in Table 5 yields no impression of a social class gradient in health. For example, among men, capitalists, experts, and non-skilled managers share the best levels of health, but none of these classes is significantly better off than skilled workers or any category of non-skilled workers. Among women, all of the higher classes are estimated to be less healthy than skilled workers, though not significantly so. In sum, use of the Wright measure would lead to the conclusion that self-reported health is essentially unrelated to social class, at least in the WLS sample.

Use of the Erikson-Goldthorpe social class typology would obviously lead to the same negative conclusion among women, for whom we see no plausible variation among the Erikson-Goldthorpe categories. Among men, there does appear to be a statistically significant health gradient, such that professionals and the bourgeoisie are healthier than routine non-manual employees or farm workers, who are healthier in turn than skilled or non-skilled workers or farmers.<sup>19</sup> However, both for women and men the BIC statistics are large and negative, so evidence for health differentials among the Erikson-Goldthorpe classes remains weak.

#### *Comparing Occupation-Based Measures*

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<sup>18</sup> In both cases  $\chi^2(11) < 19$  and  $BIC < -60$ .

<sup>19</sup> It does not seem credible that farmers are less healthy than farm workers, as shown here and in the Group II analyses for men in Table 4.

Next, we turned to a direct comparison among the occupation-based measures in their relation to self-reported health. Our comparisons consist of two main analyses. First, we focused on the occupation-based measures and tested whether each one predicted self-reported health better than the others. In the second analysis, we tested whether the occupation-based measures contributed significantly to the association between SES and self-reported health after controlling the effects of individual education or individual income.

In the first set of analyses, we focus on BIC as a measure of overall model fit because it includes an adjustment for the different sample sizes across models. The comparison of occupation-based measures in their relation to self-reported health appear in Table 6 for men and Table 7 for women.<sup>20</sup> Among men, occupational education emerges as the occupation-based measure that has the strongest independent association with self-reported health. Among women, by contrast, no one measure dominates any of the others as a predictor of overall health.

The analyses in Tables 6 and 7 involved running every combination of two-measure models possible and examining whether these models predicted self-reported health better or worse than the models using the single measures. For example, the number reported in the first column and second row of both Tables 6 and 7 represents the change in the model fit (using the BIC statistic) when adding the prestige measure to a baseline model of Duncan SEI predicting self-reported health. The change in the BIC statistic is negative in both Tables (-6.24 in Table 6 and -8.03 in Table 7), indicating that the combined model is overparameterized. This suggests

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<sup>20</sup> These tables report analyses for three alternative operationalizations of Wright's social class measure. "Wright1" is measured using restrictive nonskilled and expansive expert criteria, "Wright2" is measured using intermediate criteria (presented in detail in Tables 3, 5, 9, 11, 13, and 15), and "Wright3" is measured using expansive nonskilled and restrictive expert criteria.

that occupational prestige does not contribute to models predicting self-reported health after controlling for occupational SEI. Continuing down the first column in Tables 6 and 7, all reported BIC statistics are negative or positive with very small values, indicating that the prestige measure does not make a significant contribution to any of the other occupation-based measures in predicting self-reported health.

In the analysis of men, the overall pattern of results in Table 6 clearly highlights occupational education as the occupation-based measure that best predicts self-reported health. Column 3 shows that in six out of eight cases occupational education makes a “positive” contribution to the prediction of overall health when added with other occupational measures, as indicated by an improvement in the BIC statistic that is greater than 2.0 (Raftery 1995: 140). Occupational education does not add substantially to the effects on health of Group II occupation and the Erikson-Goldthorpe class schema. At the same time, none of the other measures improve model fit when added to occupational education, as indicated by the eight negative BIC scores in the “occupational education” row of Table 6. Overall, occupational education is the only measure that ever improves the prediction of overall health when combined with other measures. In the analyses of women, by contrast, no one occupational measure ever dominates another as a predictor of general health. All of the BIC statistics reported in Table 7 fall well below the cutoff value of 2.0 that is required for a positive contribution to model fit.

#### *Occupational Measures in Comparison with Individual Education and Income*

We next examined occupational measures in comparison with individual education and individual income. In sum, we found that none of the occupational measures contributed

predictive power in the analysis of self-reported health after controlling for the influence of individual education and income.

To examine the relative influence of occupational standing measures we examined their contribution to a baseline model that used educational attainment and personal income to predict overall health. For example, adding a measure of occupational prestige to the baseline model caused the model fit, as measured by BIC, to decline from 12.00 (Table 8, Model 1) to 4.04 (Table 8, Model 2). This result indicates that occupational prestige did not add any more information to the prediction of overall health that was not already contained in measures of individual education and income. The remaining occupational standing measures (Models 3 through 6) also failed to contribute to the overall fit of the baseline model. Moreover, the scalar measures of occupational standing did not even reach nominal levels of statistical significance. The analysis of the social class measures (Table 9) shows that they, too, did not contribute any information in the analysis of overall health above and beyond individual education and income. The same pattern of results appears throughout the analyses of women (Tables 10 and 11).

Note that, in Tables 9 to 11, education and personal income each have regular relationships with health. Because women's personal incomes are so much lower than those of men in the WLS, we have used different categories for women and men. In each we chose income breaks corresponding to the 10th, 20th, 30th, 50th, and 70th income percentiles among persons with earned income. Among men, there is a monotonic relationship between education and health, but the difference between college graduates and those with postgraduate training was

small in the full sample (Table 8).<sup>21</sup> For men, there were few differences in health by personal income for those above the median. This reconfirms other findings of a nonlinear relationship between income and health. For women in the full sample, the small number with postgraduate training were less healthy than the college graduates (Table 10), but a small differential favoring the postgraduate group appeared in the random half-sample (Table 11). The relationship between income and general health appeared to differ between men and women. For women, only the lowest and highest earners appeared to differ from those in the middle income categories.

In our final analyses we asked whether occupational measures added any information to simple models of individual education predicting overall health. These analyses are reported in Tables 12 - 15 and parallel those reported in Tables 8-11, except we removed personal income from the baseline model. Here, we found weak evidence that some occupation measures added independently to the effects of educational attainment on general health. For example, in the analysis for men, reported in Table 12, occupational education and occupational income have statistically significant effects on health, net of schooling, as indicated by the  $\chi^2$  statistics and by the ratios of estimated slopes to their standard errors. However, in each case these effects reduced the BIC statistics under the model; the effects are weak. Neither the effects of Group II occupations nor those of prestige or the SEI were statistically significant when schooling alone was controlled. Likewise, neither the effects of the Wright class scheme nor of the Erikson-Goldthorpe scheme were statistically significant among men once educational attainment was

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<sup>21</sup> That differential appears larger in the random half-sample for whom social class was ascertained.

controlled. Among women, none of the occupation measures had a significant effect on health once educational attainment was controlled.

## **Discussion**

In this study we set out to identify the most appropriate measures of socioeconomic status for the study of health outcomes. Data for this study came from the last wave of data collection from the Wisconsin Longitudinal Study, when the birth cohort studied was 53 and 54 years of age. Our analyses are especially well-suited to compare SES measures in their relation to health for two main reasons. First, we included multiple measures of socioeconomic standing and social class in the same survey so that they could be compared directly. Such data are a prerequisite for a comparison of SES measures, but are exceedingly rare because of the expense required in the collection and coding of occupational measures. Second, we focused on a birth cohort at an age when the association between SES and their health outcomes is most pronounced (House, et al. 1994), and thus a developmental stage when the association is of particular theoretical and policy interest. Our results support four main conclusions:

First, when examining the overall relation between various SES measures and health we find that occupational education – the proportion of an occupation’s incumbents that have one or more years of college training – is the SES measure most strongly related to overall health. In the analyses of women occupational education is an especially important measure because it is the only one that shows a significant association to overall health. This pattern of findings is consistent with the literature on socioeconomic attainment, and indicates that the greater

predictive power of occupational education over other traditional SES measures, such as prestige and SEI, extends to the study of health outcomes.

Second, we find that the Wright and EGP measures of social class have a very weak overall association with general health. Wright (1997) points out the difficulties in evaluating his measure because it is subject to “operational arbitrariness,” by which he means that the constructs he identifies may be measured in different ways. Nonetheless, we evaluated all three alternative operationalizations that he suggests and none of them show a significant relation with overall health. Indeed, use of either the Wright or Erikson-Goldthorpe measure of social class in SES/health research would lead to the conclusion that health problems are not overrepresented in the lower classes. These findings suggest that current social class measures are in need of major revisions before they are included in U.S. vital statistics or any other health survey.

Third, occupational education dominates most other occupational measures in its relation to overall health, at least in the analysis of men. The occupational education measure contains information that leads to a significantly better prediction of men’s overall health when separately combined with each operationalization of Wright’s social class measure, occupational prestige, occupational SEI, and occupational income. At the same time, no occupational measure contributed significantly to the prediction of men’s overall health after occupational education was controlled. In the analyses of women, however, we did not find that any occupational or social class measure dominated the others.

Finally, we find that the occupational measures included in this study do not contribute information to the prediction of overall health after controlling the effects of educational attainment and personal income. Upon further analysis, we find that individual education alone is a powerful predictor of self-reported health, and that once its effects are controlled no occupational measure contributes any further explanatory information.

It is important to note the limitations of the Wisconsin Longitudinal Study, and caution should be taken in generalizing these findings to other populations. Again, the sample is limited to high school graduates, which one might expect to reduce the effect of schooling relative to that of other variables. The sample contains very few minorities, and its origins are in the upper mid-west.

In sum, the main conclusion of this study is that a simple measure of individual educational attainment is the best, and also the most economical, SES indicator for studies of self-reported overall health. It still remains, however, to examine if this same conclusion holds in analysis of other health outcomes such as physical limitations and depressive symptoms, or if the relation between SES and health varies by outcome.

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Table 1: Descriptive Statistics of Occupational Standing Measures

Measure	– 1992-3 Total Sample –				– Health Subsample –			
	– Men – n = 3948		– Women – n = 4164		– Men – n = 3137		– Women – n = 3344	
	Mean	s.d.	Mean	s.d.	Mean	s.d.	Mean	s.d.
<b>Siegel</b>								
Occupational Prestige	45.81	(13.99)	42.99	(13.29)	(13.35)	46.20	(13.89)	43.63
<b>Duncan</b>								
Occupational SEI	50.99	(24.67)	48.01	(20.76)	(20.98)	51.92	(24.40)	49.09
<b>Occupational Earnings (transformed)</b>								
	-0.65	(1.17)	-2.18	(1.32)	(1.31)	-0.62	(1.17)	-2.13
<b>Occupational Education (transformed)</b>								
	-0.66	(1.72)	-0.69	(1.49)	(1.48)	-0.61	(1.73)	-0.61

Table 2: WLS by Group II Classification

Category	1992-3 Total Sample		Health Subsample	
	– Men –	– Women –	– Men –	– Women –
	n = 3981 %	n = 4510 %	n = 3137 %	n = 3344 %
Professional, technical and kindred, self-employed and without pay	3.5	1.9	3.5	2.4
Professional, technical and kindred, salaried	20.1	19.4	21.1	22.2
Managers, officials and proprietors, salaried	16.5	9.9	17.2	11.1
Managers, officials and proprietors, self-employed and without pay	6.2	2.2	5.9	2.4
Sales workers, not retail trade	6.2	2.8	6.4	3.0
Sales workers, retail trade	1.7	3.2	1.5	3.5
Clerical and kindred workers	6.0	30.2	6.4	33.0
Craftsmen, foremen and kindred workers, manufacturing	7.5	0.9	7.6	0.8
Crafts, construction	3.9	0.0	3.8	–
Crafts, all other	5.5	1.0	5.7	1.1
Operatives, manufacturing	7.5	4.4	7.4	3.9
Operatives, all other	4.2	1.8	3.7	1.7
Service and private household	4.8	12.4	4.8	12.9
Laborers, manufacturing	0.7	0.1	0.5	–
Laborers, all other	1.2	0.7	1.2	0.8
Farmers and farm managers	3.3	1.1	3.0	1.2
Farm laborers and farm foremen	0.3	0.4	0.3	–
No occupational code	0.9	7.6	–	–
Total	100%	100%	100.1%	100%

Table 3: Social Class Distribution of WLS members

Measure	1992-3 Total Sample			Health Subsample	
	– Men –	– Women –	– Total –	– Men –	– Women –
	n = 1931 %	n = 2072 %	n = 4003 %	n = 1534 %	n = 1617 %
<i>Wright's Social Class Typology</i>					
Capitalists	3.3	1.3	2.3	3.5	1.4
Small employers	10.7	5.3	7.9	9.9	5.5
Petty bourgeoisie	3.9	3.2	3.5	3.7	3.5
Expert managers	12.4	2.8	7.4	13.7	3.2
Expert supervisors	5.3	2.3	3.7	5.7	2.6
Experts	2.9	2.3	2.6	3.0	2.4
Skilled managers	6.5	4.3	5.4	7.2	4.7
Skilled supervisors	10.8	8.4	9.5	11.2	9.3
Skilled workers	13.3	10.9	12.0	13.2	11.6
Nonskilled managers	3.8	3.9	3.8	3.8	4.2
Nonskilled supervisors	6.9	12.5	9.8	7.0	12.8
Nonskilled workers	18.2	39.8	29.4	18.1	38.9
Incomplete Wright measure	2.1	2.9	2.5	–	–
Total	100%	100.1%	99.8%	100%	100.1%
<i>Erikson-Goldthorpe Social Class Typology</i>					
Higher- and lower- grade professionals	47.3	44.9	46.1	49.9	48.5
Routine non-manual employees	3.5	30.8	17.7	3.5	31.5
Petty bourgeoisie	8.0	4.7	6.3	7.2	4.8
Farmers	3.8	1.6	2.7	3.6	1.6
Skilled workers	21.3	4.8	12.7	21.9	4.0
Non-skilled workers	13.6	10.0	11.7	13.3	9.3
Farm workers	0.6	0.5	0.5	0.5	0.2
Incomplete EGP Measure	1.9	2.7	2.3	–	–
Total	100%	100%	100%	99.9 %	99.9%

Table 4: Regressions of Self-Reported Health on Selected Measures of Occupational Standing

Variable	– Men – n = 3137	– Women – n = 3344
Siegel Occupational Prestige	0.20 (.04)	0.13 (.04)
Intercept	1.13 (.19)	1.53 (.18)
$\chi^2$	24.24 (1df)	9.68 (1df)
BIC	16.19	1.57
Duncan Occupational SEI	0.11 (.02)	0.07 (.03)
Intercept	1.47 (.12)	1.74 (.13)
$\chi^2$	24.39 (1df)	7.46 (1df)
BIC	16.34	-0.65
Occupational Education (transformed)	0.21 (.04)	0.14 (.04)
Intercept	2.20 (.07)	2.18 (.06)
$\chi^2$	36.89 (1df)	12.29 (1df)
BIC	28.84	4.18
Occupational Income (transformed)	0.23 (.05)	0.08(.04)
Intercept	2.20 (.07)	2.26(.11)
$\chi^2$	24.43 (1df)	3.85 (1df)
BIC	16.38	-4.26

Table 4: Regressions of Self-Reported Health on Selected Measures of Occupational Standing  
(continued)

Variable	Men n = 3137		Women n = 3344	
<i>Group II Census</i>				
<i>Classification</i>				
Professional, technical and kindred, self-employed and without pay	1.12	(0.40)	-0.48	(0.68)
Professional, technical and kindred, salaried	0.99	(0.22)	0.27	(0.63)
Managers, officials and proprietors, salaried	0.79	(0.22)	-0.01	(0.63)
Managers, officials and proprietors, self-employed and without pay	0.86	(0.30)	-0.05	(0.71)
Sales workers, not retail trade	0.83	(0.29)	-0.02	(0.69)
Sales workers, retail trade	0.34	(0.44)	0.24	(0.69)
Clerical and kindred workers	0.52	(0.27)	0.04	(0.62)
Craftsmen, foremen and kindred workers, manufacturing	reference		reference	
Crafts, construction	0.44	(0.31)	-	
Crafts, all other	0.70	(0.29)	0.77	(0.95)
Operatives, manufacturing	0.24	(0.24)	-0.69	(0.65)
Operatives, all other	0.09	(0.29)	0.24	(0.77)
Service and private household laborers, manufacturing	0.57	(0.30)	-0.48	(0.62)
Laborers, all other	0.52	(0.77)	-	
Farmers and farm managers	0.43	(0.51)	-0.08	(0.87)
Farm laborers and farm foremen	0.07	(0.31)	0.10	(0.81)
Intercept	0.52	(1.08)	-	
	1.43	(0.16)	2.12	(0.61)
$\chi^2$	38.91 (16df)		29.50 (13df)	
BIC	-89.91		-75.99	

Table 5: Regressions of Self-Reported Health on Selected Measures of Social Class

Variable	– Men – n = 1534	– Women – n = 1617
<i>Wright's Social Class</i>		
<i>Typology</i>		
Capitalists	0.99 (0.63)	-0.52 (0.67)
Small employers	0.18 (0.32)	-0.18 (0.44)
Petty bourgeoisie	-0.01 (0.43)	-0.72 (0.45)
Expert managers	0.37 (0.31)	-0.13 (0.54)
Expert supervisors	0.62 (0.44)	-0.12 (0.59)
Experts	0.84 (0.63)	-0.66 (0.52)
Skilled managers	0.27 (0.37)	-0.48 (0.43)
Skilled supervisors	0.04 (0.30)	-0.01 (0.39)
Skilled workers	reference	reference
Nonskilled managers	1.10 (0.63)	-0.03 (0.50)
Nonskilled supervisors	-0.09 (0.34)	-0.78 (0.32)
Nonskilled workers	-0.01 (0.27)	-0.31 (0.29)
Intercept	1.83 (0.20)	2.37 (0.26)
$\chi^2$	12.75 (11df)	11.23 (11df)
BIC	-67.94	-70.04
<i>Erikson-Goldthorpe</i>		
<i>Social Class Typology</i>		
Higher- and lower- grade professionals	0.65 (0.20)	-0.06 (0.42)
Routine non-manual employees	0.38 (0.46)	-0.06 (0.42)
Petty bourgeoisie	0.51 (0.35)	0.20 (0.56)
Farmers	-0.31 (0.37)	-0.08 (0.73)
Skilled workers	reference	reference
Non-skilled workers	-0.05 (0.24)	-0.35 (0.46)
Farm workers	0.25 (1.08)	-1.42 (1.29)
Intercept	1.70 (0.15)	2.11 (0.40)
$\chi^2$	18.34 (6df)	2.96 (6df)
BIC	-25.67	-41.37

Table 6: Changes in Model Fit (BIC) for All Two-Measure vs. One-Measure Models Predicting Self-Reported Health, Men

-- Measure Added to Baseline Model --									
Baseline Model	Prestige	Duncan	Occ. education	Occ. income	Group II	Erikson- Goldthorpe	Wright1	Wright2	Wright3
Prestige	–	-6.09	4.86	-3.13	-110.25	-37.15	-72.28	-73.77	-75.69
Duncan SEI	-6.24	–	4.49	-3.61	-113.39	-37.52	-72.17	-74.71	-74.90
Occupational education**	-7.79	-8.01	–	-5.97	-118.29	-41.61	-72.98	-73.90	-75.10
Occupational income**	-3.32	-3.65	6.49	–	-106.43	-35.45	-68.10	-72.77	-73.65
Group II	-4.15	-7.14	0.46	-0.14	–	-31.68*	-69.14	-70.88	-71.18
EGP	-4.67	-7.19	-2.01	-5.37	-91.89*	–	-72.59	-75.31	-74.52
Wright1	-2.80	-4.83	3.63	-1.01	-92.35	-37.44	–	–	–
Wright2	0.97	-2.11	7.97	-0.42	-88.83	-34.35	–	–	–
Wright3	-3.60	-4.96	4.11	-3.96	-91.79	-37.09	–	–	–
Degrees of freedom of added measure	1	1	1	1	16	6	11	11	11

n=3137 for the first 5 rows in the first 5 columns and n=1534 for all other models.

\* The EGP category “Self-Employed Farmers” was not flagged in this model in order to reduce collinearity and allow the model to converge.

\*\* transformed

Table 7: Changes in Model Fit (BIC) for All Two-Measure vs. One-Measure Models Predicting Self-Reported Health, Women

-- Measure Added to Baseline Model --									
Baseline Model	Prestige	Duncan	Occ. education	Occ. income	Group II	Erikson- Goldthorpe	Wright1	Wright2	Wright3
Prestige	–	-8.03	-4.90	-7.95	-85.48	-41.46	-72.24	-71.39	-72.44
Duncan SEI	-8.03	–	-3.20	-7.76	-82.65	-41.53	-71.69	-70.68	-69.49
Occupational education**	-7.51	-8.03	–	-8.05	-86.63	-39.49	-72.08	-72.21	-71.94
Occupational income**	-2.12	-4.15	0.39	–	-79.67	-41.26	-72.11	-71.21	-72.29
Group II	-7.92	-7.31	-6.46	-7.94	–	-32.69*	-70.57	-70.43	-72.09
EGP	-5.26	-5.14	-0.40	-5.05	-69.77*	–	-69.80	-69.08	-70.40
Wright1	-6.60	-5.85	-3.54	-6.45	-78.20	-40.35	–	–	–
Wright2	-6.53	-5.63	-4.46	-6.34	-78.85	-40.42	–	–	–
Wright3	-6.35	-5.61	-2.96	-6.19	-79.28	-40.95	–	–	–
Degrees of freedom of added measure	1	1	1	1	13	6	11	11	11

n=3677 for the first 5 rows in the first 5 columns and n=1681 for all other models.

\* The EGP category “Self-Employed Farmers” was not flagged in this model to reduce collinearity and allow the model to converge.

\*\* transformed

Table 8: Effects of Occupational Standing, Individual Education, and Individual Income on Men's Self-Reported Health, n=3137

Variables	Model 1	Model 2	Model 3	Model 4	Model 5
<i>Highest Educational Attainment</i>					
High school graduate	reference	reference	reference	reference	reference
Some college	0.24 (0.17)	0.23 (0.17)	0.24 (0.17)	0.20 (0.17)	0.22 (0.17)
College degree	0.65 (0.20)	0.63 (0.21)	0.64 (0.21)	0.56 (0.22)	0.60 (0.21)
Postgraduate training	0.75 (0.20)	0.72 (0.21)	0.75 (0.21)	0.60 (0.24)	0.71 (0.20)
<i>Personal Income</i>					
\$10,000 or less	reference	reference	reference	reference	reference
\$10,001 - \$20,400	0.83 (0.33)	0.83 (0.33)	0.83 (0.33)	0.83 (0.33)	0.84 (0.33)
\$20,401 - \$28,800	0.74 (0.30)	0.75 (0.30)	0.74 (0.30)	0.76 (0.30)	0.75 (0.30)
\$28,801 - \$34,000	1.16 (0.31)	1.16 (0.31)	1.16 (0.31)	1.15 (0.31)	1.15 (0.31)
\$34,001 - \$45,500	1.59 (0.30)	1.58 (0.30)	1.58 (0.30)	1.57 (0.30)	1.56 (0.30)
\$45,501 - \$63,500	1.43 (0.30)	1.42 (0.30)	1.43 (0.30)	1.40 (0.30)	1.39 (0.30)
\$63,501+	1.58 (0.29)	1.57 (0.30)	1.58 (0.30)	1.55 (0.29)	1.52 (0.30)
Missing income	-0.60 (0.20)	-0.60 (0.20)	-0.60 (0.20)	-0.59 (0.20)	-0.60 (0.20)
Siegel occupational prestige		0.02 (0.05)			
Duncan occupational SEI			0.00 (0.03)		
Occupational education (transformed)				0.05 (0.05)	
Occupational income (transformed)					0.06 (0.05)
Intercept	0.59 (0.26)	0.53 (0.32)	0.59 (0.27)	0.69 (0.27)	0.68 (0.27)
$\chi^2$	92.51 (10df)	92.60 (11df)	92.51 (11df)	93.70 (11df)	93.68 (11df)
BIC	12.00	4.04	3.95	5.14	5.12

Table 8: Effects of Occupational Standing, Individual Education, and Individual Income on Men's Self-Reported Health, n = 3137 (continued)

Variables	Model 6	
<i>Highest Educational Attainment</i>		
High school graduate	reference	
Some college	0.19	(0.17)
College degree	0.60	(0.21)
Postgraduate training	0.66	(0.22)
<i>Personal Income</i>		
\$10,000 or less	reference	
\$10,001 - \$20,400	0.81	(0.33)
\$20,401 - \$28,800	0.77	(0.31)
\$28,801 - \$34,000	1.16	(0.32)
\$34,001 - \$45,500	1.63	(0.30)
\$45,501 - \$63,500	1.47	(0.30)
\$63,501+	1.58	(0.30)
Missing income	-0.64	(0.20)
<i>Group II Census Classification</i>		
Professional, technical and kindred, self-employed and without pay	0.68	(0.42)
Professional, technical and kindred, salaried	0.51	(0.24)
Managers, officials and proprietors, salaried	0.37	(0.23)
Managers, officials and proprietors, self-employed and without pay	0.73	(0.31)
Sales workers, not retail trade	0.53	(0.30)
Sales workers, retail trade	0.34	(0.45)
Clerical and kindred workers	0.47	(0.27)
Craftsmen, foremen and kindred workers, manufacturing	reference	
Crafts, construction	0.53	(0.32)
Crafts, all other	0.75	(0.30)
Operatives, manufacturing	0.34	(0.25)
Operatives, all other	0.20	(0.30)
Service and private household	0.64	(0.31)
Laborers, manufacturing	0.66	(0.79)
Laborers, all other	0.78	(0.52)
Farmers and farm managers	0.28	(0.33)
Farm laborers and farm foremen	0.85	(1.09)
Intercept	0.16	(0.31)
$\chi^2$	105.75 (26df)	
BIC	-103.58	

Table 9: Effects of Social Class, Individual Education, and Individual Income on Men's Self-Reported Health, n = 1534

Variables	Model 1	Model 2	Model 3
<i>Highest educational attainment</i>			
High school graduate	reference	reference	reference
Some college	0.26 (0.24)	0.27 (0.24)	0.24 (0.25)
College degree	0.49 (0.27)	0.52 (0.28)	0.44 (0.29)
Postgraduate training	1.13 (0.31)	1.17 (0.32)	1.08 (0.33)
<i>Personal Income</i>			
\$10,000 or less	reference	reference	reference
\$10,001 - \$20,400	1.26 (0.48)	1.22 (0.48)	1.26 (0.48)
\$20,401 - \$28,800	0.59 (0.41)	0.59 (0.41)	0.59 (0.41)
\$28,801 - \$34,000	1.06 (0.43)	1.05 (0.43)	1.05 (0.44)
\$34,001 - \$45,500	1.58 (0.41)	1.60 (0.41)	1.60 (0.41)
\$45,501 - \$63,500	1.39 (0.40)	1.39 (0.41)	1.38 (0.41)
\$63,501+	1.54 (0.39)	1.54 (0.41)	1.51 (0.40)
Missing income	-0.89 (0.29)	-0.91 (0.29)	-0.90 (0.29)
<i>Wright's Social Class Typology</i>			
Capitalists		0.62 (0.64)	
Small employers		0.23 (0.33)	
Petty bourgeoisie		0.11 (0.45)	
Expert managers		-0.10 (0.34)	
Expert supervisors		0.21 (0.46)	
Experts		0.48 (0.64)	
Skilled managers		0.04 (0.38)	
Skilled supervisors		0.07 (0.31)	
Skilled workers		reference	
Nonskilled managers		0.88 (0.64)	
Nonskilled supervisors		0.06 (0.35)	
Nonskilled workers		0.26 (0.28)	
<i>Erikson-Goldthorpe Social Class Typology</i>			
Higher- and lower-grade professionals			0.12 (0.23)
Routine non-manual employees			0.42 (0.47)
Petty bourgeoisie			0.38 (0.36)
Farmers			-0.27 (0.39)
Skilled Workers			reference
Non-skilled workers			-0.04 (0.25)
Farm workers			0.58 (1.10)
Intercept	0.63 (0.34)	0.48 (0.40)	0.58 (0.38)
$\chi^2$	58.64 (10df)	63.99 (21df)	61.97 (16df)
BIC	-14.72	-90.06	-55.40

Table 10: Effects of Occupational Standing, Individual Education, and Individual Income on Women's Self-Reported Health, n=3344

Variables	Model 1	Model 2	Model 3	Model 4	Model 5
<i>Highest Educational Attainment</i>					
High school graduate	reference	reference	reference	reference	reference
Some college	0.24 (0.17)	0.22 (0.18)	0.23 (0.18)	0.21 (0.18)	0.24 (0.18)
College degree	0.56 (0.20)	0.52 (0.21)	0.53 (0.21)	0.49 (0.22)	0.56 (0.21)
Postgraduate training	0.39 (0.27)	0.34 (0.27)	0.36 (0.27)	0.31 (0.29)	0.39 (0.27)
<i>Personal Income</i>					
\$0	reference	reference	reference	reference	reference
\$1-,4,400	0.22 (0.33)	0.23 (0.33)	0.23 (0.33)	0.22 (0.33)	0.22 (0.33)
\$4,401 - \$9,600	0.28 (0.31)	0.29 (0.31)	0.28 (0.31)	0.28 (0.31)	0.28 (0.31)
\$9,601 - \$12,600	0.11 (0.31)	0.11 (0.31)	0.11 (0.31)	0.11 (0.31)	0.11 (0.31)
\$12,601 - \$20,120	0.24 (0.28)	0.23 (0.28)	0.23 (0.28)	0.23 (0.28)	0.24 (0.28)
\$20,121 - \$30,300	0.40 (0.29)	0.37 (0.29)	0.38 (0.29)	0.38 (0.29)	0.40 (0.29)
\$30,301+	0.71 (0.28)	0.68 (0.29)	0.69 (0.29)	0.68 (0.29)	0.71 (0.29)
Missing income	0.12 (0.18)	0.12 (0.18)	0.12 (0.18)	0.12 (0.18)	0.12 (0.18)
Siegel occupational prestige		0.04 (0.05)			
Duncan occupational SEI			0.02 (0.03)		
Occupational education (transformed)				0.04 (0.05)	
Occupational income (transformed)					0.00 (0.05)
Intercept	1.60 (0.25)	1.45 (0.30)	1.54 (0.27)	1.66 (0.26)	1.61 (0.27)
$\chi^2$	28.72 (10df)	29.45 (11df)	29.08 (11df)	29.24 (11df)	28.72 (11df)
BIC	-52.43	-59.81	-60.18	-60.02	-60.54

Table 10: Effects of Occupational Standing, Individual Education, and Individual Income on Women's Self-Reported Health, n = 3344 (continued)

Variables	Model 6
<i>Highest Educational Attainment</i>	
High school graduate	reference
Some college	0.21 (0.18)
College degree	0.54 (0.21)
Postgraduate training	0.39 (0.28)
<i>Personal Income</i>	
\$0	reference
\$1-,4,400	0.28 (0.34)
\$4,401 - \$9,600	0.33 (0.32)
\$9,601 - \$12,600	0.15 (0.31)
\$12,601 - \$20,120	0.26 (0.29)
\$20,121 - \$30,300	0.37 (0.29)
\$30,301+	0.70 (0.29)
Missing income	0.12 (0.18)
<i>Group II Census Classification</i>	
Professional, technical and kindred, self-employed and without pay	-0.72 (0.69)
Professional, technical and kindred, salaried	-0.04 (0.63)
Managers, officials and proprietors, salaried	-0.20 (0.64)
Managers, officials and proprietors, self-employed and without pay	-0.14 (0.71)
Sales workers, not retail trade	-0.16 (0.69)
Sales workers, retail trade	0.26 (0.70)
Clerical and kindred workers	0.02 (0.62)
Craftsmen, foremen and kindred workers, manufacturing	reference
Crafts, construction	-
Crafts, all other	0.81 (0.95)
Operatives, manufacturing	-0.63 (0.65)
Operatives, all other	0.30 (0.77)
Service and private household	-0.42 (0.63)
Laborers, manufacturing	-
Laborers, all other	-0.06 (0.87)
Farmers and farm managers	0.07 (0.81)
Farm laborers and farm foremen	-
Intercept	1.73 (0.66)
$\chi^2$	48.92 (23df)
BIC	-137.72

Table 11: Effects of Social Class, Individual Education, and Individual Income on Women's Self-Reported Health, n = 1617

Variables	Model 1	Model 2	Model 3
<i>Highest educational attainment</i>			
High school graduate	reference	reference	reference
Some college	0.27 (0.25)	0.26 (0.25)	0.31 (0.25)
College degree	0.53 (0.28)	0.49 (0.29)	0.61 (0.29)
Postgraduate training	0.61 (0.41)	0.65 (0.42)	0.73 (0.42)
<i>Personal Income</i>			
\$0	reference	reference	reference
\$1-,4,400	0.05 (0.48)	0.07 (0.49)	-0.03 (0.49)
\$4,401 - \$9,600	0.14 (0.46)	0.10 (0.46)	0.10 (0.46)
\$9,601 - \$12,600	0.08 (0.46)	0.08 (0.46)	0.05 (0.46)
\$12,601 - \$20,120	0.12 (0.41)	0.17 (0.42)	0.12 (0.42)
\$20,121 - \$30,300	0.47 (0.42)	0.50 (0.43)	0.49 (0.43)
\$30,301+	0.73 (0.42)	0.75 (0.43)	0.78 (0.43)
Missing income	0.11 (0.25)	0.09 (0.25)	0.10 (0.25)
<i>Wright's Social Class Typology</i>			
Capitalists		-0.41 (0.69)	
Small employers		-0.01 (0.45)	
Petty bourgeoisie		-0.48 (0.46)	
Expert managers		-0.30 (0.55)	
Expert supervisors		-0.34 (0.60)	
Experts		-0.61 (0.52)	
Skilled managers		-0.43 (0.43)	
Skilled supervisors		-0.10 (0.40)	
Skilled workers		reference	
Nonskilled managers		0.07 (0.51)	
Nonskilled supervisors		-0.56 (0.33)	
Nonskilled workers		-0.04 (0.30)	
<i>Erikson-Goldthorpe Social Class Typology</i>			
Higher- and lower-grade professionals			-0.46 (0.43)
Routine non-manual employees			-0.19 (0.43)
Petty bourgeoisie			0.11 (0.57)
Farmers			-0.25 (0.74)
Skilled Workers			reference
Non-skilled workers			-0.35 (0.46)
Farm workers			-1.66 (1.35)
Intercept	1.60 (0.37)	1.78 (0.46)	1.90 (0.54)
$\chi^2$	19.31 (10df)	27.64 (21df)	24.33 (16df)
BIC	-54.57	-127.51	-93.88

Table 12: Effects of Occupational Standing and Individual Education on Men's Self-Reported Health, n = 3137

Variables	Model 1	Model 2	Model 3	Model 4	Model 5
<i>Highest Educational Attainment</i>					
High school graduate					
Some college	0.33 (0.17)	0.28 (0.17)	0.26 (0.17)	0.23 (0.17)	0.26 (0.17)
College degree	0.85 (0.20)	0.74 (0.21)	0.73 (0.21)	0.65 (0.21)	0.72 (0.20)
Postgraduate training	0.93 (0.19)	0.77 (0.21)	0.79 (0.21)	0.61 (0.23)	0.79 (0.19)
Siegel occupational prestige		0.08 (0.05)			
Duncan occupational SEI			0.05 (0.03)		
Occupational education (transformed)				0.11 (0.05)	
Occupational income (transformed)					0.14 (0.05)
Intercept	1.75 (0.07)	1.42 (0.20)	1.56 (0.12)	1.93 (0.10)	1.90 (0.09)
$\chi^2$	44.12 (3df)	47.08 (4df)	47.34 (4df)	49.47 (4df)	51.26 (4df)
BIC	19.97	14.88	15.14	17.27	19.06

Table 12: Effects of Occupational Standing and Individual Education on Men's Self-Reported Health, n = 3137 (continued)

Variables	Model 6	
<i>Highest Educational Attainment</i>		
High school graduate		
Some college	0.23	(0.17)
College degree	0.71	(0.21)
Postgraduate training	0.75	(0.21)
<i>Group II Census Classification</i>		
Professional, technical and kindred, self-employed and without pay	0.64	(0.42)
Professional, technical and kindred, salaried	0.57	(0.24)
Managers, officials and proprietors, salaried	0.47	(0.23)
Managers, officials and proprietors, self-employed and without pay	0.68	(0.31)
Sales workers, not retail trade	0.58	(0.30)
Sales workers, retail trade	0.20	(0.44)
Clerical and kindred workers	0.43	(0.27)
Craftsmen, foremen and kindred workers, manufacturing	reference	
Crafts, construction	0.45	(0.32)
Crafts, all other	0.67	(0.29)
Operatives, manufacturing	0.24	(0.24)
Operatives, all other	0.09	(0.29)
Service and private household	0.52	(0.30)
Laborers, manufacturing	0.52	(0.77)
Laborers, all other	0.42	(0.51)
Farmers and farm managers	0.00	(0.32)
Farm laborers and farm foremen	0.56	(1.08)
Intercept	1.39	(0.17)
$\chi^2$	58.49 (19df)	
BIC	-94.48	

Table 13: Effects of Social Class and Individual Education on Men's Self-Reported Health, n = 1534

Variables	Model 1		Model 2		Model 3	
<i>Highest educational attainment</i>						
High school graduate						
Some college	0.31	(0.23)	0.29	(0.24)	0.24	(0.24)
College degree	0.71	(0.26)	0.68	(0.27)	0.56	(0.28)
Postgraduate training	1.27	(0.30)	1.23	(0.31)	1.12	(0.33)
<i>Wright's Social Class Typology</i>						
Capitalists			0.84	(0.63)		
Small employers			0.21	(0.33)		
Petty bourgeoisie			-0.09	(0.44)		
Expert managers			0.07	(0.32)		
Expert supervisors			0.37	(0.45)		
Experts			0.58	(0.64)		
Skilled managers			0.18	(0.37)		
Skilled supervisors			0.09	(0.31)		
Skilled workers			reference			
Nonskilled managers			1.01	(0.63)		
Nonskilled supervisors			0.09	(0.34)		
Nonskilled workers			0.16	(0.27)		
<i>Erikson-Goldthorpe Social Class Typology</i>						
Higher- and lower- grade professionals					0.24	(0.22)
Routine non-maual employees					0.29	(0.46)
Petty bourgeoisie					0.39	(0.35)
Farmers					-0.41	(0.37)
Skilled Workers					reference	
Non-skilled workers					-0.05	(0.24)
Farm workers					0.24	(1.08)
Intercept	1.72	(0.10)	1.56	(0.21)	1.65	(0.15)
$\chi^2$	27.95	(3df)	34.32	(14df)	32.82	(9df)
BIC	5.94		-68.38		-33.20	

Table 14: Effects of Occupational Standing and Individual Education on Women's Self-Reported Health, n=3344

Variables	Model 1	Model 2	Model 3	Model 4	Model 5
<i>Highest Educational Attainment</i>					
High school graduate	reference	reference	reference	reference	reference
Some college	0.29 (0.17)	0.24 (0.17)	0.25 (0.17)	0.23 (0.18)	0.27 (0.17)
College degree	0.66 (0.20)	0.57 (0.21)	0.59 (0.21)	0.52 (0.22)	0.63 (0.20)
Postgraduate training	0.56 (0.26)	0.44 (0.27)	0.48 (0.27)	0.38 (0.29)	0.52 (0.27)
Siegel occupational prestige		0.08 (0.05)			
Duncan occupational SEI			0.04 (0.03)		
Occupational education (transformed)				0.07 (0.05)	
Occupational income (transformed)					0.03 (0.05)
Intercept	1.94 (0.06)	1.64 (0.19)	1.78 (0.14)	2.02 (0.09)	2.01 (0.13)
$\chi^2$	17.37 (3df)	20.14 (4df)	19.09 (4df)	19.36 (4df)	17.78 (4df)
BIC	-6.97	-12.31	-13.37	-13.10	-14.68

Table 14: Effects of Occupational Standing and Individual Education on Women's Self-Reported Health, n = 3344 (continued)

Variables	Model 6
<i>Highest Educational Attainment</i>	
High school graduate	
Some college	0.23 (0.18)
College degree	0.59 (0.21)
Postgraduate training	0.50 (0.28)
<i>Group II Census Classification</i>	
Professional, technical and kindred, self-employed and without pay	-0.71 (0.69)
Professional, technical and kindred, salaried	0.04 (0.63)
Managers, officials and proprietors, salaried	-0.11 (0.64)
Managers, officials and proprietors, self-employed and without pay	-0.12 (0.71)
Sales workers, not retail trade	-0.12 (0.69)
Sales workers, retail trade	0.20 (0.70)
Clerical and kindred workers	0.03 (0.62)
Craftsmen, foremen and kindred workers, manufacturing	reference
Crafts, construction	
Crafts, all other	0.80 (0.95)
Operatives, manufacturing	-0.66 (0.65)
Operatives, all other	0.26 (0.77)
Service and private household	-0.47 (0.63)
Laborers, manufacturing	
Laborers, all other	-0.09 (0.87)
Farmers and farm managers	0.05 (0.81)
Farm laborers and farm foremen	-
Intercept	2.07 (0.61)
$\chi^2$	39.85 (16df)
BIC	-89.99

Table 15: Effects of Social Class and Individual Education on Women's Self-Reported Health,  
n = 1617

Variables	Model 1		Model 2		Model 3	
<i>Highest educational attainment</i>						
High school graduate	reference		reference		reference	
Some college	0.32	(0.25)	0.31	(0.25)	0.34	(0.25)
College degree	0.63	(0.28)	0.58	(0.29)	0.68	(0.28)
Postgraduate training	0.82	(0.40)	0.79	(0.42)	0.90	(0.41)
<i>Wright's Social Class Typology</i>						
Capitalists			-0.30	(0.68)		
Small employers			-0.04	(0.44)		
Petty bourgeoisie			-0.58	(0.45)		
Expert managers			-0.17	(0.54)		
Expert supervisors			-0.17	(0.59)		
Experts			-0.64	(0.52)		
Skilled managers			-0.40	(0.43)		
Skilled supervisors			0.00	(0.39)		
Skilled workers			reference			
Nonskilled managers			0.16	(0.51)		
Nonskilled supervisors			-0.57	(0.33)		
Nonskilled workers			-0.10	(0.30)		
<i>Erikson-Goldthorpe Social Class Typology</i>						
Higher- and lower- grade professionals					-0.28	(0.42)
Routine non-maual employees					-0.13	(0.42)
Petty bourgeoisie					0.16	(0.56)
Farmers					-0.14	(0.73)
Skilled Workers					reference	
Non-skilled workers					-0.35	(0.46)
Farm workers					-1.66	(1.31)
Intercept	1.88	(0.09)	2.09	(0.28)	2.08	(0.40)
$\chi^2$	10.83 (3df)		19.41 (14df)		14.25 (9df)	
BIC	-11.33		-84.03		-52.24	

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